

ST. ANTHONY'S MEEK & MIGHTY



TRIATHLON

DISTANCES/ORDER OF EVENTS



AGES	Pool Swim	Bike	Run
7-10	100 yards	3.6 miles	1/2 mile
11-14	200 yards	5.4 miles	1 mile
15+	200 yards	5.4 miles	1 mile



 **St. Anthony's Hospital**
BayCare Health System

COURSE MAP

