Waterside Café Menu

St. Joseph's Hospital-South
BayCare Health System

Sept 26th - Sept 30th	Monday	Tuesday	Wednesday	Thursday	Friday
Chef's Soup Selections	September 26th *Chicken Chili	September 27th *Moroccan Lentil	September 28th *Beef and Vegetable	September 29th *Roasted Red Pepper Gouda	September 30th *Tomato Basil Bisque
Salad Selections	*Chickpea salad with lime dressing, cilantro, red onion and sunflower seeds	*Potato Salad with mustard, onion, celery and parsley in creamy dressing	*Snow Pea Salad with red pepper, red onion, water chestnuts and seasonings in sesame oil	*Asian Noodle Salad. Ramen noodles, green onion, carrot and peppers in a sweet sesame dressing	*Cucumber Salad: Thin Sliced Cucumbers And Onions, Lime, Parsley, Jalapeno
Chef's Daily Entree Selections	*Chicken, spinach and herbed ricotta crepes in Pomodoro *Shrimp Scampi style with Farfalle pasta	*Blackened Salmon *BBQ Baby Back Ribs	*BBQ Brisket *Chicken & Cheese Lasagna. Layers of Ricotta and Italian cheese blend with Marinara.	*Beef & Mushroom Stroganoff *Chicken with 200 garlic cloves.	*Citrus Crusted Cod Fillet over corn relish *Mustard and breadcrumb crusted Pork Tenderloin with Demi Glace.
Vegetarian Selection	*Vegan Tacos De Hongo, flavorfull mushrooms, cilantro, chilies and onions with avocado	*White Cheddar Macaroni & Cheese and Broccoli Bake. Topped with breadcrumb.	*Vegetarian Stuffed Potato Skins. Potato skins with mushroom and broccoli, topped with cheddar and baked	*Vegan Stew. Cannellini beans, Kale, Onion, Stewed Tomato and Garlic make up this hearty stew.	* Baked Cheese Manicotti Rolls with Marinara
Starch & Vegetable Selections	*Farfalle Pasta *Haricot Verts *Roasted Broccoli *Mashed Yukon Golds	*Herbed lemon Rice *Roasted Brussels Sprouts *Italian Herb Roasted Potatoes *Southern Green Beans	*Baked Beans *Cornbread *Seasoned Baby Carrots *Roasted Sweet Corn	*Roasted Redskin Potato *Garlic Spinach *Egg Noodles *Sauteed Mushrooms	*Tomato & Cheese Arancini *Baked Sweet Potato *Cauliflower Au Gratin *Roasted Asparagus
Sandwich Of The Week	Piadina Gabagool. Italian flatbread sandwich with Capicola, seasoned ricotta, roasted red pepper, red onion, arugula and dressed.	Piadina Gabagool. Italian flatbread sandwich with Capicola, seasoned ricotta, roasted red pepper, red onion, arugula and dressed.	Piadina Gabagool. Italian flatbread sandwich with Capicola, seasoned ricotta, roasted red pepper, red onion, arugula and dressed.	Piadina Gabagool. Italian flatbread sandwich with Capicola, seasoned ricotta, roasted red pepper, red onion, arugula and dressed.	Piadina Gabagool. Italian flatbread sandwich with Capicola, seasoned ricotta, roasted red pepper, red onion, arugula and dressed.