Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
6/5	6/6	6/7	6/8	6/9	6/10	6/11			
	Home Station								
Herb roasted Chicken	Beef Barbacoa	Beef Stew	Pulled Pork	Bourbon Chicken	Beef empinada	Chicken Parmesan			
Pork tenderlion Italian roasted potatoes sauteed Green Beans	Salsa Chicken Yuka Fries Yellow rice Black Beans	Potato Crusted Cod Steamed Cauliflower Roasted Zucchini Mash Pots	Smothered Chicken Mac & Cheese Corn on the Cob Baked Beans	Beef Sir Fry Fried Rice Vegtable egg roll Sesame Carrots	Chicken Fajita Refried Beans Mexican rice Street corn	Spaghetti & Meat balls Garlic bread Cheese tortelli in alfredo Sauce Seasonal Vegtables			
Soups									
Loaded Potato	Loaded Potato	Chili	Sausage and kale	Ministrone	NE Clam Chowder	Thai chicken soup			
Italian wedddding soup	Chili	Sausage and kale	Ministrone	NE Clam Chowder	Thai chicken Soup	Sausage Potato & Kale			
Salads									
Salad of the day	Salad of the day	Salad of the day	Salad of the day	Salad of the day	Salad of the day				
Chef's Special Offerings									
	Sushi		Oronzo	Capitol Taco	Newks				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
6/12	6/13	6/14	6/15	6/16	6/17	6/18			
	Home Station								
Chiken cordon blue	Contry fried steak w/ white gravy	Fire Cracker Salmon	Beef Chimichanga	Creamy garlic Chicken	Itialian Sausage w/peppers and onions	Beer battered Cod			
Toamato glazed Meatloaf	Chicken and Dumpling	Honey garlic chicken Thighs	Chicken Tamale	Beef tips w/ mushroom gravy	Bruschetta chicken	Baked Ziti			
Mash Potatoes Fried okra	Sweet potato mash Steamed Carrots	Cashew Broccoli Jasmine Rice	Yellow Rice Black Beans	Egg noodles Augratin Potaoes	Marinara Sauce Linguine	Potato wedges Garlic bread			
Spring Peas	Roasted brussel	Veggie Stir Fry	Queso	Roasted butternut	Mixed Vegtables	Steamed Broccoli			
	sprouts		Chips	squash					
Soups									
Sausage Potato & Kale	Pasta Fafioli	Wicked Thai	Hearty Vegetable	Chicken & dumpling	Broccoli Cheddar	Roasted Tomato Bisqe			
Pasta Fagioli	Wicked Thai	Hearty Vegetable	Chicken & dumpling	Broccoli Cheddar	Roasted Tomato Bisqe	Chicken Tortilla			
Salads									
Salad of the day	Salad of the day	Salad of the day	Salad of the day	Salad of the day	Salad of the day	Salad of the day			
Chef's Special Offerings									
	Sushi		Oronzo	Poke Bowl	Newks				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
6/19	6/20	6/21	6/22	6/23	6/24	6/25		
Home Station								
Roasted Chicken	Brined Pork chops	Tex mex chicken	Blacken mahi w/mango salsa	Kung poa chicken	Hickory Salmon	chicken cordon blue		
Pot Roast	Stuffed Chicken w/broccoli & cheese	Mojo Pork	jamaican jerk chicken	Teriyaki Beef	BBQ Chicken	Dirty rice/ w beef		
green beans w/shallots	Roasted red potatoes	Cilantro lime Rice	vegtable medley	Fried Rice	Baked potato	fried green tomato		
Penne and portabella alfredo	Spring peas	Black beans	Coconut rice	Spring Roll	Roasted Cauliflower	Black Eyed Peas		
ucuc	Carrots	Sweet plantains	Red beans		Broccoli	Succatash		
				Baby Bok choy				
Chicken Tortilla	Tuscan white bean	Red Pepper Bisque	French Onion	Lobster Bisque	Chicken Noodle	Spanish Bean		
Tuscan white bean	Red Pepper Bisque	French Onion	Lobster Bisque	Chicken Noodle	SpiltPea	SplitPea		
Salads								
Salad of Day	Salad of Day	Salad of Day	Salad of Day	Salad of Day	Salad of Day	Salad of Day		
Chef's Special Offerings								
	Sushi		Oronzo	Capitol Taco	Newks			

White Rice Red Bliss Mash Rice Pilaf egg noodles marinara Seasoned wedge potar orkra and tomato Steamed Broccoli Roasted mushrooms red beans Roasted carrots Broccoli w/red peppers Sauteed Squash Garlic bread	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Cajun roasted Chicken Tilapia Salsberry Steak Cornmeal fried catrish White Rice Red Bliss Mash Rice Pilaf Roasted mushrooms Roasted carrots Roasted carrots Roasted mushrooms Roasted mushrooms Roasted sweet potatoes Broccoli w/red peppers Sauteed Squash Garlic bread Roasted Squash Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash TusacnTortellini soup Corn Chowder Salad of the day Salad of the	6/26	6/27	6/28	6/29	6/30	7/1	7/2		
Cajun roasted Chicken Cornmeal fried catfish Cornmeal fried catfish White Rice Red Bliss Mash Rice Pilaf  Orkra and tomato Roasted mushrooms Roasted mushrooms Roasted sweet potatoes  Roasted carrots  Spanish Bean Cream of Potato Chicken Gumbo Cream of Potato Chicken Gumbo  Ham&Lentil Minestrone  Salad of the day  Chef's Special Offerings  W/mushroom gravy Chickn pot pie Puolet de provencal egg noodles marinara Roasted brovencal egg noodles marinara Seasoned wedge pota Minestrone Butternut Squash Tuscan Tortellini soup Corn Chowder  Chef's Special Offerings				Home Station					
White Rice Red Bliss Mash Rice Pilaf orkra and tomato Steamed Broccoli Roasted mushrooms Roasted sweet potatoes Roasted carrots Broccoli w/red peppers Sauteed Squash Garlic bread Spanish Bean Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash Tuscan Tortellini Sou Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash Tuscan Tortellini soup Corn Chowder Salad of the day Salad of	Cajun roasted Chicken		Bronzed Salmon	•	Beef burgandy		•		
orkra and tomato Steamed Broccoli Roasted mushrooms Roasted sweet potatoes Broccoli w/red peppers Sauteed Squash Garlic bread  Spanish Bean Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash Tuscan Tortellini Sol Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash Tuscan Tortellini soup Corn Chowder  Salad of the day Salad of	cornmeal fried catfish	Salsberry Steak	Huli Huli chciken	Chickn pot pie	Puolet de provencal	Lasagna	Breaded Haddock		
orkra and tomato red beans Roasted carrots Roasted Zucchini Sauteed Squash Garlic bread  Tuscan Tortellini Sou Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Roasted Zucchini	White Rice	Red Bliss Mash	Rice Pilaf		egg noodles	marinara	Seasoned wedge potatoes		
Spanish Bean Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash Tuscan Tortellini Sor Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash TusacnTortellini soup Corn Chowder  Salad of the day Chef's Special Offerings	orkra and tomato	Steamed Broccoli	Roasted mushrooms		mash potatoes	Italian green beans	Roasted Zucchini		
Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash TusacnTortellini soup Corn Chowder  Salad of the day  Chef's Special Offerings	red beans	Roasted carrots		Broccoli w/red peppers	Sauteed Squash	Garlic bread			
Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash TusacnTortellini soup Corn Chowder  Salad of the day  Chef's Special Offerings									
Cream of Potato Chicken Gumbo Ham&Lentil Minestrone Butternut Squash TusacnTortellini soup Corn Chowder  Salad of the day  Chef's Special Offerings									
Salad of the day	Spanish Bean	Cream of Potato	Chicken Gumbo	Ham&Lentil	Minestrone	Butternut Squash	Tuscan Tortellini Soup		
Chef's Special Offerings	Cream of Potato	Chicken Gumbo	Ham&Lentil	Minestrone	Butternut Squash	TusacnTortellini soup	Corn Chowder		
Chef's Special Offerings									
	Salad of the day	Salad of the day		Salad of the day	Salad of the day	Salad of the day	Salad of the day		
Sushi Oronzo Poke Bowl Newks	Chef's Special Offerings								
		Sushi			Oronzo	Poke Bowl	Newks		