

Food and Drug Interaction Guide



The information on the back of this guide will allow you to manage your medications so they can work the way they should.

Some drugs react to *what* you eat and drink, while others react depending on *when* you eat and drink. The way you take your medications can affect the way they work or don't work. If you are taking one of the drugs listed in the guide, check the bottom of the chart to make sure you are taking it correctly. You may need to adjust your eating and drinking habits in order to receive the maximum benefit from your medications.

While it is impossible to list every drug and every interaction, this list includes drugs commonly prescribed by BayCare doctors and some of the precautions you should take. To learn more, call your doctor or pharmacist.

Grapefruit

Grapefruit and its juice can have a harmful effect when taken with certain drugs. This effect is unique to grapefruit and has not been identified with other common fruits or juices (oranges, apples, etc.). The drug interaction with grapefruit can last for up to 24 hours after drinking one glass of juice.

Herbal Medications and Supplements

Herbal medications and supplements are drugs and should be treated as such. Although a prescription is not needed for these medications, they have the potential for serious side effects and drug interactions. Patients should consult their doctor or pharmacist before taking any herbal medications or supplements.

Continued on other side

Acyclovir (Zovirax)	L	Enalapril (Vasotec)	C,H	Omeprazole (Prilosec)	G
Alendronate (Fosamax)	G,L	Erythromycin (EES)	B	Oxazepam (Serax)	A,C
Allopurinol (Zyloprim)	A,L	Escitalopram (Lexapro)	A,C	Oxybutynin (Ditropan)	A
Alprazolam (Xanax)	A,C	Famotidine (Pepcid)	G,J	Oxycodone (Percocet/Tylox, Oxycontin)	A,B
Amiodarone (Cordarone)	B	Felodipine (Plendil)	N	Pancrealipase (Pancrease, Viokase)	B
Amitriptyline (Elavil)	A,C	Ferrous Sulfate (Iron)	B	Pantoprazole (Protonix)	G
Amlodipine (Norvasc)	B	Fluoxetine (Prozac)	A,C	Paroxetine (Paxil)	A,C
Amoxicillin/ Clavulanate (Augmentin)	B	Fosinopril (Monopril)	C,H	Penicillin (Pen VK)	D
Amphetamine Mixture (Adderall)	C,M	Gabapentin (Neurontin)	C	Pentoxifylline (Trental)	B
Aspirin	B,C	Galantamine (Reminyl, Razadyne)	B	Phenazopyridine (Pyridium)	B
Atorvastatin (Lipitor)	N	Gemfibrozil (Lopid)	G	Phenelzine (Nardil)	A,O
Azithromycin (Zithromax)	O	Glipizide (Glucotrol, Glucotrol XL)	C,G	Phenobarbital	A,C
Baclofen (Lioresal)	A	Glyburide (Micronase, Diabeta, Glynase)	B,C	Phenytoin (Dilantin)	A,C
Belladonna Alkaloids/ Phenobarbital (Donnatal)	A,G	Guafenesin (Humibid, Robitussin)	L	Potassium (KCl, Micro K, K-Dur)	B,H
Benazepril (Lotensin)	C,H	Haloperidol (Haldol)	A	Pravastatin (Pravachol)	K
Bisacodyl (Dulcolax)	I	HCTZ/Triamterene (Dyazide, Maxzide)	B,C	Pregabalin (Lyrica)	A
Bupropion (Wellbutrin)	A,C	Hydrocodone (Hycodan, Lortab, Vicodin)	A,B	Primidone (Mysoline)	A,B,C
Buspirone (Buspar)	A,N	Hyoscyamine (Levsin)	A,G	Prochlorperazine (Compazine)	A
Butalbital (Fioricet, Fiorinal)	A	Ibuprofen (Motrin)	B	Promethazine (Phenergan)	A
Captopril (Capoten)	C,D, H	Imipramine (Tofranil)	A,C	Pseudoephedrine (Sudafed)	C,E
Carbamazepine (Tegretol)	A,B, C,N	Indinavir (Crixivan)	C,D,L	Quinapril (Accupril)	C,H
Cefdinir (Omnicef)	I	Isoniazid (INH)	A,D	Ramipril (Altace)	C,H
Cefpodoxime (Vantin)	B	Itraconazole (Sporanox)	B	Rifampin (Rifadin)	D,L
Cefuroxime (Ceftin)	B	Ketoconazole (Nizoral)	I	Risperidone (Risperdal)	A,C
Cetirizine (Zyrtec)	A	Lansoprazole (Prevacid)	G	Sertraline (Zoloft)	A,C
Chlordiazepoxide (Librium)	A,C	Lanthanum Carbonate (Fosrenal)	B	Simvastatin (Zocor)	K,N
Chlorpromazine (Thorazine)	A	Levodopa/ Carbidopa (Sinemet)	B	Spironolactone (Aldactone)	H
Chlorzoxazone (Parafon Forte)	A	Levothyroxine (Levothroid, Synthroid)	G	Sucralfate (Carafate)	G,I
Cholestyramine (Questran)	G	Linezolid (Zyvox)	A,O	Sulfameth/Trimeth (Septra, Bactrim)	L
Cinacalcet (Sensipar)	B	Lisinopril (Zestril, Prinivil)	C,H	Sulfasalazine (Azulfidine)	B
Ciprofloxacin (Cipro)	IL	Lithium Carbonate (Lithobid)	B,C,L	Temazepam (Restoril)	A,C,J
Clonazepam (Klonopin)	A,C	Loratadine (Claritin)	A	Tetracycline (Sumycin)	D,I
Clonidine (Catapres)	A,C	Lorazepam (Ativan)	A,C	Theophylline (Theodur)	E
Clopidogrel (Plavix)	C	Meclizine (Antivert)	A	Tiagabine (Gabitril)	B
Clorazepate (Tranxene)	A,C	Metformin (Glucophage, Glucovance)	B,C	Tramadol (Ultram)	A,C
Codeine (Tylenol #3, Robitussin AC)	A	Methocarbamol (Robaxin)	A	Tranlycypromine (Parnate)	A,O
Corticosteroids: Prednisone, etc.	B	Metoclopramide (Reglan)	A,D,G	Trazodone (Desyrel)	A,B,C
Cyclobenzaprine (Flexeril)	A,C	Metronidazole (Flagyl)	A,B	Triazolam (Halcion)	A,J,N
Demeclocycline (Declomycin)	D,I,L	Mexiletine (Mexitil)	B	Valproic Acid (Depakene, Depakote)	B,C
Desipramine (Norpramin)	A,C	Mirtazapine (Remeron)	A,C,J	Venlafaxine (Effexor, Effexor XR)	B,C
Diazepam (Valium)	A, C, N	Misoprostol (Cytotec)	B	Verapamil (Calan, Isoptin)	B,N
Dicyclomine (Bentyl)	G	Moxifloxacin (Avelox)	IL	Voriconazole (Vfend)	G
Digoxin (Lanoxin)	C,H,I	Nabumetone (Relafen)	B	Warfarin (Coumadin)	A,C,F
Diphenhydramine (Benadryl)	A	Naproxen (Naprosyn)	B	Ziprasidone (Geodon)	B
Diphenoxylate HCl/ Atropine Sulfate (Lomotil)	A	Nelfinavir (Viracept)	B	Zolpidem (Ambien)	A,J
Donepezil (Aricept)	J	Nitrates (Isordil, Imdur, Nitrobid, Nitrodur)	A,C		
Doxazosin (Cardura)	A,C	Nitrofurantoin (Macrochantin, Macrobid)	B		
Doxepin (Sinequan)	A,C	Nortriptyline (Pamelor)	A,C		
Doxycycline (Vibramycin)	IL	Olanzapine (Zyprexa)	A,C		

Reference: LexiComp Drug Info
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A = Avoid alcohol and caffeine
B = Take with food/meals
C = May interact with herbal medications/remedies
D = Take on an empty stomach
E = Avoid caffeine
F = Avoid drastic changes in diet
G = Take 30-60 minutes before meals
H = Consult your doctor before using salt substitutes or a potassium-rich diet
I = Avoid taking with antacids or iron

H = Consult your doctor before using salt substitutes or a potassium-rich diet
I = Avoid taking with antacids or iron
J = Take at bedtime
K = Take with evening meal
L = Drink plenty of water
M = Take with morning meal
N = Do not take with grapefruit juice
O = Avoid tyramine-containing foods