

Faith Community Nursing

BayCare Health System

May 2022

Newsletter

Celebrating Nurse's Month

According to a January 12, 2022 press release by the American Nurses Association (ANA), Gallup Poll ranked nursing as the most trusted profession for the 20th year in a row. How appropriate then, that the ANA has expanded recognition and appreciation of Nurses to the entire month of May, adopting the slogan **YOU Make a Difference** to honor the many and varied roles of nurses and the favorable contribution nurses make in our communities. I can think of no greater impact than yours, our Faith Community Nursing (FCN) partners, who volunteer your time and talents to ensure health and wholeness for those you serve, utilizing multiple interventions such as education, counseling, prayer, presence, active listening, advocacy, and referrals that empower and strengthen our communities. Two years into COVID have required our continued flexibility and a mindset that embraces change. YOU have rolled up your sleeves and pitched in to do whatever was needed, whenever it was needed, and you were on the front lines of safely opening our churches again.

The Flame of Florence Nightingale's Legacy

Today, our world needs healing and to be rekindled with Love. Once, Florence Nightingale lit her beacon of lamplight to comfort the wounded. Her light has blazed a path of service across a Century to us--through her example and through the countless nurses and healers who have followed in her footsteps. Today, we celebrate the flame of Florence Nightingale's legacy. Let that same light be rekindled to burn brightly in our hearts. Let us take up our own 'lanterns of caring,' each in our own ways--to more brightly walk our own paths of service to the world--to more clearly share our own 'noble purpose' with each other. May human caring become the lantern for the 21st century. May we better learn to care for ourselves, for each other and for all Creation. Through our caring, may we be the keepers of that flame. That our spirits may burn brightly to kindle the hearts of our children and great-grandchildren— as they, too, follow in these footsteps.

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To our Faith Community Nursing team members across the system, I also extend my deepest gratitude and admiration! You, too, rose to the occasion – many occasions – of exemplifying the art and science of nursing with the heart of a missionary. The extraordinary work of our FCN teams across BayCare Health System has broadened the reach and depth of our work. As such, we have expanded our programs, and the migrant farm worker clinics, San Jose Mission (Dover) and La Esperanza (Wimauma) are now recognized as an FCN program site led by **Stephanie Morrison**, in the new supervisor role. You can read more about Stephanie on the back page.

It seems appropriate to share the poem, “The Flame of Florence Nightingale's Legacy “ (left) by Dr. Deva-Marie Beck, PhD, RN, that is in the forward of the book *Florence Nightingale's Tenets: Healing, Leadership, Global Action*. Though written in 1996, it is still appropriate today. Let your ‘lanterns of caring’ shine bright. Happy Nurses Month!

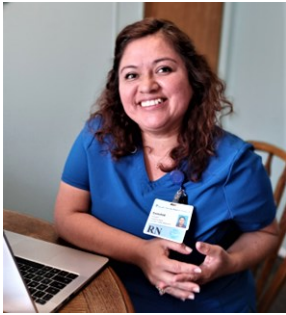
In Grateful appreciation,
Deb Rivard



Faith Community Nursing is the specialized practice of professional nursing that focuses on the intentional care of the spirit, promoting wholistic health and prevention of illness through the cultivation of community health ministry teams to provide health advocacy for all people in need.



San Jose Mission and La Esperanza Clinics Welcome Soledad Flores



We are thrilled to welcome **Soledad Flores** to the SJH/SFBH FCN team. Soledad has been with BayCare for 17 years, beginning as a CNA at St. Joseph's Hospital. She soon transferred to South Florida Baptist Hospital, working as a unit secretary and obtaining her phlebotomy license. With the encouragement and support of her family and manager she started her pre-requisites to become a nurse. Doing so was not easy, especially with a family and full time job. In 2019, she graduated with an associate's degree in nursing from Hillsborough Community College, Plant City campus. For the past three years she has had the pleasure of working on the surgical and non-tele medical floor, serving a variety of patients including those recovering from orthopedic, bariatric, and spine surgery. She is currently attending the University of South Florida, Tampa, and will complete her bachelor's degree in nursing this May. Soledad brings her own personal history into this role, considering that as a child and teen she worked the fields, picking strawberries, tomatoes, and cucumbers alongside her parents. She feels she has come full circle since she received her initial CNA training at the San Jose Mission.

Dean's Ride Plant City

Dean's Ride was created to help cancer survivors on their road to recovery by building strength, endurance, and spirit through dedicated training programs at the Plant City YMCA. In addition, this ride promotes and encourages safe cycling as a healthy transportation alternative. This year's event was held on March 26, starting at Keel Farms, northwest of Plant City. Riders could choose from one of four distances, ranging from 9 to 61 miles. Shown from left to right are **Diana Shuman**, FCN, FBC Plant City; Gloria Moody, **Theresa Rodriguez**, FCN Coordinator, and **Peggy Richter**, FCN, FPC Plant City.



Nurse Honor Guard of Tampa Bay



The Nurse Honor Guard of Tampa Bay Inc. is a 501(c)(3) organization that includes nurses (LPN, RN and APRN) committed to honoring their nursing colleagues at their funeral, memorial, or celebration of life service. The guard takes about 5 minutes during the service to pay a powerful tribute to all the moments a nurse faces in their career. Shown left is **Linda Oakley-Hankins**, FCN, FBC Wesley Chapel, who is a co-founder of the organization. If you are interested in learning more about this organization, connect with them on [Facebook](#) or send an email to nursehonorguardoftampabay@gmail.com

Feeding Tampa Bay Partnership

On March 4, **Deb Rivard**, FCN system director, and **Linda Wilkerson**, FCN supervisor, attended the ribbon cutting for the new BayCare Health Education Center, located at the Feeding Tampa Bay warehouse in Tampa. BayCare's faith community nurses, along with health navigators and community health educators will be onsite at the center to provide resources for Feeding Tampa Bay visitors and employees to live healthier lives, including offering health education materials, general health consultations and assistance with using the Higi station for self-monitoring.



Bartow Community Event



The Spring Alive Community Event, one of the events sponsored by the Deacons & Stewards Alliance, Inc. and Bartow Church Service Center, was held on Easter weekend at the Carver Recreation Center. Over forty community partners participated, including BayCare Faith Community Nursing. Activities included age-specific Easter egg hunts, music, food, games, prizes, horse back riding, and demonstrations from the Polk County Sheriff's Office, and the Bartow Fire and Police Departments. FCN **Kathleen Sabatino** attended the event with FCN supervisor **Sara McNamee** and handed out coloring sheets, crayons, spiritual bookmarks, and fruit snacks to add to their Easter baskets to over 150 children. It was a beautiful day and a truly ecumenical - spiritual event where

the Bartow community came to gather as one to enjoy food, fellowship, and Hope in The Resurrection. Several ministers, along with local law enforcement and government officials, prayed for the community. A special thanks to Sara's husband Jim for helping with the tent and table set-up.

Ministry Collaboration

Being a congregational health promoter is just one of the many educational hats that **Izora Bullock** wears in the community. Earlier this year, when she offered the 8-session, *Matter of Balance* (MOB) fall prevention program, she reached out to **Sara McNamee** when she was looking for an expert presenter for one of the sessions. The MOB program is designed to reduce the fear of falling and increase activity levels for persons 60 and older, or those who have a disability. Sara contacted BayCare Winter Haven manager of Rehab Services, Lorraine Proctor, who facilitated the collaboration for this community education program. Outpatient Rehab supervisor, Craig Alberts accepted the invitation to present as a subject area expert for the March 22 session. Craig shared fall prevention strategies, floor recovery, and discussed the benefits of different assistive equipment/technology. He was available for Q & A and encouraged participant's efforts during their established exercise routine. The twelve participants were from Lake Wales, Frostproof, Bartow, and Davenport, in Polk County, and a few participants from Hillsborough County. Faith Community Nursing wants to thank Izora for being instrumental in teaching prevention and wellness awareness to the elderly, a medically vulnerable population. Also, a very special thank you to Craig Alberts, at Winter Haven Hospital Outpatient Rehab, for partnering with FCN. If you are interested in learning more about the *Matter of Balance* program, contact Izora Bullock, 863-258-5743.

Welcome to the BayCare Faith Community Nursing Program—Polk County

Welcome to **Sharon Wilson**, Polk region's newest Congregational Health Promoter (CHP) who attended class in February. Sharon retired from Winter Haven Women's Hospital in 2020 after several years of dedicated service. When Sharon heard about the CHP training class, she immediately signed up. On March 9, Sharon received her CHP pin from Sara McNamee, pictured right. Presently, Sharon assists Sara with an after school reading program at Abby Lane Apartments in Winter Haven. The Polk County FCN program also welcomes new FCN's **Litisa Davis**, **Kelvin Jones**, and **Kathleen Sabatino**, who completed the 34.5 hour *Foundations of Faith Community Nursing Curriculum* course in March, and were pictured in last month's newsletter. It is a blessing to see the program grow and observe the lives of others being touched within their ministries.



Welcome New Team Members to Morton Plant Mease FCN Office

Over the last month and a half, MPM has welcomed two new team members to the Mease Dunedin office. On March 21st, we welcomed **Sara Terpilowski**, our new department secretary, and **Kameelah Diggs**, our new FCN coordinator, joined April 11.



Sara is not new to BayCare; starting in 2004, she has worked in a variety of positions including; ER Registrar, Outreach Lab Billing, Home Care Scheduler, and most recently an Outpatient Imaging Patient Access Rep before joining the FCN team. Sara was born in Butler, Pennsylvania but relocated to Florida at age 2. Sara lived in the Dallas/Ft. Worth area of Texas during her high school and college years, then returning to live permanently in the Clearwater area in 2008. Sara, the oldest of three, is married and lives in her newly purchased home with her husband, Nathan, and mom, Lee Ann. In her spare time, Sara enjoys the beach (and the beach, and the beach) and being outdoors. She and her husband go camping, love visiting natural springs within Florida, painting/drawing, embossing, Nintendo, and reading sci-fi fantasy books. Sara is working on achieving a BS in Biology and will soon start LPN

nursing school. Welcome Sara, to Faith Community Nursing.

Kameelah is new to BayCare, but comes with a wide variety of nursing experience including ER, PICC/IV, OR, Primary Care, Urgent Care, and a Cardiac Step Down unit, with manager and leadership role experience. Kameelah was born in Cleveland, Ohio, and is the 6th of 9 children. She graduated from the University of Cincinnati and has certificates in Risk Management and is a Six Sigma Black Belt. She is the only family member not living in Ohio, having moved to Melbourne in 2010, and then on to Clearwater in 2015. Kameelah is passionate about her service and dedication to God. In her early years, Kameelah was raised as a Muslim, until age 15 when she became a Christian. She enjoys sunsets at the beach, running, kayaking, piano, lyrical dance, creative writing, and traveling. Welcome Kameelah, to Faith Community Nursing.



Walk to Jerusalem

The Walk To Jerusalem program was developed to promote physical and spiritual health in a church setting. It is a 14-week “virtual walk” that takes place during the Lenten season. The goal is for the congregation, as a whole, to collect enough miles from Ash Wednesday to Easter to travel from the church to Jerusalem. First Baptist Church of New Port Richey (NPR) has just completed this amazing journey. **Cathy Brown**, LPN, Congregational Health Promoter, and retired FCN **Lois Petermann**, guided their church through this journey. Each week, a different topic was covered, such as Footsteps of Faith, Mindful Walking, Infection and Illness Inflammation, Nutrition, Reading Labels, Understanding Metabolic Syndrome, The Heart, What is Diabetes, Silent Killer Blood Pressure, How Stress Harms Your Body, Early Signs and Symptoms of Alzheimer's Disease, and more; finishing with Christ's last Footsteps to the Cross. First Baptist Church of NPR's goal was to walk 7,600 miles—the distance from New Port Richey, Florida to Jerusalem. In 14 weeks, the 134 participants walked an amazing 10,165 miles—they surpassed their goal! The purpose of the journey was to strengthen and challenge both their physical and spiritual fitness. Congratulations Cathy and Lois!! Job well done.



Greetings, Esteemed Colleagues!



We have so much great news to share with you, but first, let me start by thanking you for your continued support over the past two plus years of virtual meetings during the pandemic. With the relaxation of the COVID restrictions, we are now taking every opportunity to meet face-to-face safely. Watch your emails for invitations to meet in-person for: Basic Life Support recertification classes, Table Talks, two Nurse's Week events, and opportunities to work on monthly statistic reporting together! Be sure to *enter your statistics for monthly rewards*. If you are missing any annual recommitment paperwork or want assistance with monthly statistics, come by our office for help and get a peek at the brand new main hospital entrance, lobby, and cafeteria!

Many of you love the virtual continuing education meetings and you will be pleased to know they will continue on MS Teams. Watch for email invites from **Katrina Goodrich** to register for upcoming virtual CE presentations. We've also accepted invitations to offer screenings, provide health education, and CPR instruction at various community events. If you feel led, contact us to volunteer to serve at these events or invite us to bring a class to *your* faith community.

And finally, the Transitional Care program is back! You may hear from **Josie De Dios** with referrals for patients in need of Faith Community Nursing as they transition out of the hospital. Our entire team (pictured above: Lavina, Josie, Ruby, Laura, and Patti) is very excited and looking forward to connecting with you in-person and on MS Teams for all of the events coming up. I thank God for the constant blessings upon you, your ministries, and this program.

- Gratefully, Patti Wolfenbarger

Sacred Heart Spring Festival

The health ministry at Sacred Heart Catholic Church in Pinellas Park is on the move! They have recently added a number of bi-lingual, multi-national CHPs & FCNs to their growing team. The team recently organized around their first event, the annual Sacred Heart Spring Festival which brought many from the community to learn more about their health and resources available to them. **Laura Stilwell**, FCN coordinator, is working closely with the group to focus on identifying the needs and developing the resources to improve the health of their community.



Josie De Dios, FCN Coordinator, offers health education to **Gina Andrade**, CHP, Sacred Heart.

Sarasota Monthly Meeting

If you are looking for great ideas, resources and fellowship with other Faith Community Nurses in the Sarasota and Manatee area, consider connecting with this dynamic group of health ministry leaders. They meet the second Friday of each month, offering informative speakers and tours of community partners to add more resources to the tool kit. The group met on April 8th at Senior Friendship Center in Sarasota. Please email **Linda Mostek** for details of future meetings: parishnurse@churchofstpatrik.org

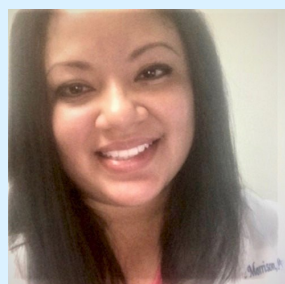


Pictured left to right: **Joyce Johnson**, First United Methodist; **Linda Mostek**, Church of St. Patrick; **Cindy Charland**, First Baptist Church Venice; **Carolyn Stoll**, Covenant Mennonite Fellowship; **Carole Burkhart**, FCN Dept.; **Karen Stoltz-Hansing**, Living Lord Lutheran; **Cheryl Track**, First Presbyterian. Front: **Elaine Hedrick**, Faith Community Nursing department, & **Beth Long**, Great Harvest Community.

Registration for all virtual CE education events: Links for Registration & joining Teams will be sent via email. CE classes may be added to the calendar between newsletter publications.

Date	Time	Topic/Class Title	Hour	Presenter
5/16 Mon	12-1pm	Topic: Patient Safety	1	Isabelle Conti, BSN CPSO Clinical Risk Manager/BayCare Risk & Insurance Services
5/19 Thurs	10am-12pm	<i>Stroke Recognition, Prevention and Treatment in the Community</i>	1	Laura Moore, BSN, RN Nurse Manager, Stroke Services/BayCare Polk Region
5/24 Tues	1-2:30pm	Topic: Adult Vaccine Update	1	Miriam Headley, BSN, RN, CCRN-A, CIC Manager, Infection Prevention & Control/SJH South
6/8 Wed	12:30-2pm	<i>Understanding Alzheimer's and Dementia</i> Infomercial: United Way	1	Stuart Sinoff, MD BayCare/ Medical Dir. MPM Balance Ctr/Neuroscience line

Happenings at La Esperanza and San Jose Mission Clinics



It is with great joy that I have the pleasure of kicking off the newest portion of our FCN Newsletter: Happenings at La Esperanza and San Jose Mission Clinics! In the future you will get to meet the team through photos and articles that display the awesome work they are doing! But to begin, I am thrilled to introduce you to our newest FCN supervisor, **Stephanie Morrison**.

Stephanie's Mom came from Nicaragua at the age of 17 and worked her way through nursing school to graduate at the age of 42 as a single parent with high school daughters. Stephanie describes her Mom as her biggest mentor and inspiration to become a nurse. She completed an accelerated nursing degree program and began her career in home care then went on to expand her skill set in internal medicine followed by med surg/telemetry/step down, but says community health was always in her heart. Stephanie says she is living proof that dreams come true and hard work prevails and knows God called her in 2020 to do her life's best work as a Nurse Practitioner for a community of patients living in poverty, mostly from Mexico and Central America, migrant farm workers who speak only Spanish and are in need of medical care but would otherwise have no access to it. She is married and the mother of 2, a daughter and a son, both of which were high risk pregnancies. Stephanie has a heart of service and considers what she does as God's work.

~ Deb Rivard, System Director, BayCare FCN

East Region: Hillsborough, Polk

St. Joseph's Hospitals (SJH) & South Florida Baptist Hospital (SFBH)

FCN office fax numbers: (SJH) 813-357-0815; (SFBH) 813-872-2936

Linda Wilkerson, Supervisor, 813-757-8006/ linda.wilkerson@baycare.org

San Jose Mission and La Esperanza Clinics

Stephanie Morrison, Supervisor, stephanie.morrison@baycare.org

Winter Haven Hospitals (WHH) & Bartow Regional Medical Center (BRMC)

Sara McNamee, Supervisor, 863-293-1121 ext 207935/ sara.mcnamee@baycare.org

West Region: Pinellas, Pasco, Hernando, Citrus, Manatee/Sarasota

Morton Plant Mease Hospitals (MPM) FCN office fax: 727-333-6173

Neppie Alexander, Supervisor, 727-736-9767/ neppie.alexander@baycare.org

St. Anthony's Hospital (SAH) FCN Office fax: 727-825-1009

Patti Wolfenbarger, Supervisor, 727-820-7880/ patricia.wolfenbarger@baycare.org