

Faith Community Nursing

BayCare Health System

May 2023

Newsletter

Nurses Month is the perfect time to say “thank you” to the **294 Faith Community Nurses** serving in churches, senior centers, partner organizations, and other communities throughout our service area, promoting health prevention and wellness. We celebrate the vital roles they play as educators, counselors, referral agents, and advocates integrating body, mind, and spirit. Wishing all of our Faith Community Nurses a Happy Nurse's Week and month!



YOU MAKE A DIFFERENCE

Foundations of Faith Community Nursing Curriculum Graduates



Congratulations to the following 18 graduates who completed the 36.5 hour **Foundations of Faith Community Nursing Curriculum** course, held virtually, last month. They are listed left to right with their faith community and Team Members are noted in blue: **Claire Malczyk**, Morton Plant Mease FCN department; **Nancy O'Connor**, FCN Coordinator, SJHS; **Jonnelyn Newman**, St. Jude the Apostle Cathedral, St. Petersburg; **Marilyn Correa**, San Jose Mission

Clinic, Dover; **Marilyn Dinesen**, St. Matthew Catholic Church, Winter Haven; **Carrie Mancari**, Hospital Care Coordinator/Case Management, Mease Dunedin, St. Anthony's FCN department; **Nevada Wardlaw**, CNII, Morton Plant, Med Surg, St. James AME Church, Palmetto; **Patricia Wiley-Ramirez**, Grace Community Church, Sarasota; **Jean Stowell-Urban**, FCN Coordinator, MPM, Espiritu Santo Catholic Church, Safety Harbor; **Joyce Lecatsas**, St. Stefanos Greek Orthodox Church, St. Petersburg; **Wanda Martinez-Alonso**, FCN Coordinator, MPM; **Melinda Bynum**, FCN Coordinator, MPM; **Eva Littlejohn**, Mt. Olive AME Church, Clearwater; **Mary Ellen Wiegand**, St. Jerome Catholic Church, Largo; **Maria Cofrancesco**, St. Joseph Catholic Church, Lakeland; **Luanne Bacolod**, Pre-op surg, Winter Haven Hospital, Polk FCN department; **Melissa Troutman**, FCN Coordinator, BHCW; **Anabella Hoppe**, St. Anthony's FCN department. The next opportunity to take this course will be in the Fall, over five Thursdays, between September 7— October 19, at the Franciscan Center in Tampa.

BayCare FCN Presented at International Symposium

Ruby Hope, MBA, BSN, RN, FCN Coordinator, St. Anthony's Hospital, and **Sharon Cesare**, BSN, RN, CNML, FCN Coordinator, St. Joseph's Hospital, co-presented at the **2023 Caring for the Human Spirit Conference® and Westberg Symposium**, held in St. Louis, MO, in April. Their workshop, **Virtual Community Needs Assessment: Discovering Gaps in Service**, focused on assessing the needs of self-identified caregivers living in four geographic service areas, completed in 2022. Qualitative data for this assessment was collected with focus groups, using a virtual platform, during the COVID-19 pandemic. Results, recommendations, and a toolkit for implementing a similar assessment were shared with attendees. Way to go Ruby and Sharon!



Faith Community Nursing is the specialized practice of professional nursing that focuses on the intentional care of the spirit, promoting wholistic health and prevention of illness through the cultivation of community health ministry teams to provide health advocacy for all people in need.



Humility In Action



Our team was inspired by John 13:14 which says: "If I then, your Lord and Master, have washed your feet; ye also ought to wash one another's feet." On April 4, we offered spiritual foot washings at the **Trinity Café 2** in celebration of Holy Week. We served each guest by washing their feet, assessing for concerns, and providing new socks. Some of the guests are homeless or lacking sufficient cleansing opportunities. Lack of access to showers, laundering, and inadequate footwear, all further challenged with great amounts of walking, revealed this need. Twelve guests took part in the event. Shikeeta, seated left, was grateful to receive this offer and requested to have her picture taken with our CHP volunteers **Julie Ringenberg** LPN (middle), and **Sr. Sara Proctor**, PA (right). Our team was so blessed by serving our guests' physical and spiritual needs in this manner. We will continue to offer foot washings on the first Tuesday of each month going forward.

Team members from Faith Community Nursing, Spiritual Care, and Palliative Care joined forces to promote the importance of advanced care planning, with the theme *Coffee and Conversation*, at St. Joseph's Hospital (main), St. Joseph's Hospital North, St. Joseph's Hospital South, South Florida Baptist Hospital, and BayCare Hospital Wesley Chapel in recognition of **National Healthcare Decisions Day**, April 16.



Getting to Know Danielle Eason



Welcome **Danielle Eason**, the new FCN department secretary for SJH/SFBH. Danielle and her family, which includes her husband and four children, recently relocated from New York to Florida. Danielle describes herself as a faith filled woman of God that has loved the Lord since she was a child. She previously worked and volunteered in various roles at her church in New York City, as well as in her community, including as a patient care tech for eight years at Memorial Sloan Kettering Cancer Center in Manhattan on the OB/Gyn and breast cancer inpatient unit. She also has experience as a home health aide and mental health aide.

Outside of work, Danielle enjoys trying new foods, and exploring new places, including the beach. She loves to attend church and spending time with her family. With her friendly and approachable demeanor, Danielle is excited to get to know her new colleagues in the office, our volunteers, and make meaningful contributions to the program.

Church's Safety Team is Trained for Emergencies

FCN provides education to keep our communities safe. The pastoral leadership at **St. Timothy Catholic Church** ensures that all hands-on ministry teams present during mass and special events are prepared to act appropriately in a health crisis. Recently, our FCN team had the privilege of providing BLS instruction to fifteen members of their safety team. This also allowed an opportunity for them to discuss proper team dynamics for other common health emergencies. Lead, Tom Boudreaux expressed, "The materials, presentation, instruction, and classroom were top notch. I greatly appreciate the opportunity to have the class presented to us. It helps with advancing a culture of safety at St. Timothy Catholic Church and being prepared for emergencies."



Faith In Action

Gospel, Inc., a permanent housing ministry in Bartow, held a fundraiser April 6 at the Bonnet Springs Park Event Center in Lakeland. FCN coordinators, **Litisa Davis** (standing, left) and **Hazel Felix** (standing, right), along with **Kristen Smith** (seated, left), community outreach coordinator, and LeAnn Thomas (seated, right), **Bartow Regional Medical Center (BRMC)** board member, represented BayCare Health System. Gospel, Inc.'s executive director, Brian Seely, pictured with Hazel, graciously shared a few moments with the group during the event. Earlier in the month, Brian provided BRMC hospital administrators and board members with a tour of the housing (bottom left), offered at **Gospel Village**.



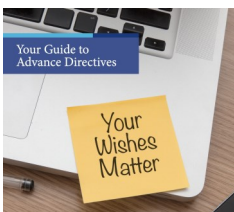
The mission of Gospel, Inc. is to provide permanent housing and a community of support for those who have been living without shelter. Residents of the Gospel, Inc. Village community who have income, pay rent on a sliding scale that allows residents to live with dignity. Residents who do not have a source of income work at the village, assisting with the vegetable garden (bottom right), maintaining the chicken coop, and providing maintenance work. Produce from the garden is sold to local restaurants. **Repurpose Art Studio**, a part of Gospel, Inc., located in Lakeland, is a place where women in transition out of homelessness can learn to sew and create art which is then sold. BayCare FCN, along with Community Health, Behavioral Health and the navigator team have been involved with Gospel, Inc. for the past two years. Witnessing the beautiful success of this ministry is truly inspirational.

Celebrating the Resurrection of Christ in Bartow

Faith Community Nursing was glad to participate again this year as the Bartow community held the annual "Spring Alive" event at the **Carver Recreation Center**. Volunteer FCN and Bartow resident, **Valerie Butler** (pictured), assisted by providing fruit snacks, coloring pages and scripture bookmarks for the children to add to their Easter baskets. Many thanks to Rusty Music, executive director, **Bartow Church Service Center**, for the partnership between Polk County FCN and the Bartow Community Service Center for leading this wonderful celebration.



Advance Care Planning Conversation Has a Ripple Effect



Lanet Owen, FCN coordinator, had the wonderful opportunity to walk alongside Patsy and Ray Hoag from Lake Wales in completing their written Advance Care Plan. They dedicated time to review the material and understand the importance of being prepared for the future. Their commitment to this process was remarkable and their excitement about this topic was palpable. They went back to their community at Genesis Pointe, located on the property of Warner University in Lake Wales, and hosted an Advance Care Planning (ACP) introduction session for their friends and neighbors, on April 4. Fourteen individuals attended to hear Lanet discuss the ACP process. Various materials like "GO WISH" conversation starter cards were utilized. Thank you, Patsy and Ray, for starting the end-of-life conversation in your community!

Health Ministry Team Highlight



Faith Community Nursing partners continuously extend the reach of BayCare Health System to promote wellness of body, mind, and spirit in the communities we serve. At **Indian Rocks Baptist Church (IRBC)**, the *Women Thriving Solo* ministry regularly hosts “Chat & Chew” programs that feature a light brunch, fellowship, and a guest speaker.

Ministry leaders recently reached out to request a speaker for their upcoming program. On Saturday, April 22, **Neppie Alexander**, FCN supervisor (pictured, far right), and **Wanda Martinez-Alonso**, FCN coordinator, introduced attendees to the **Church Health**

Center’s Model for Healthy Living, helping to understand how faith life, medical care, movement, nutrition, work, emotional/mental health, and relationships all contribute to whole-person wellness. Well-known bible stories were used to illustrate concepts as participants considered their own strengths, needs, and resources, including the many blessings of participation in the congregational life of a faith community. IRBC FCN partners include **Kathy Johansen**, **Sarah Bell**, and **Kimberlee Hinrichs**.

Touching Lives in Our Community

Kameelah Diggs and **Melinda Bynum**, FCN coordinators, connected with the North Greenwood community in Clearwater for the **10th Annual Walk for Willa 5K Run and Fun Walk**. This annual event raises money for the **Willa Carson Health and Wellness Center**. Their mission is to provide health care to the uninsured and underserved population in Pinellas County. All the proceeds of the event held on Saturday, April 15 at Crest Lake Park were donated to this cause. Kameelah (pictured) and Melinda provided blood pressure screenings and utilized the **Model for Healthy Living** spinning wheel game correlating movement, nutrition, work, mental wellness, family, faith, and friends. The game provided fun for all ages and was a wonderful opportunity to start conversations about proper medication administration, what movement really looks like, and healthy nutritional choices. Many families attended the event, and it was awesome to see moms pushing strollers and people of all ages participating!



May Table Talk Meetings

- **Virtual via MS Teams: Monday, May 15, 5:30-6:30pm**, watch your email for link.
- **In-Person: Wednesday, May 17, 1:30-2:30pm**, 4th floor MDN Physician Office Building, 646 Virginia Street, Dunedin.

Happy Nurses Month!

The **American Nurses Association** recognizes May 2023 as National Nurses Month, focusing on self-care, recognition, professional development, and community engagement while celebrating the many ways “**You Make a Difference!**”

It is a great privilege to share this work with colleagues who collectively represent such a breadth and depth of nursing roles, experiences, and expertise, along with a great compassion and love. In this work, may you be blessed as you bless others.

Source (right): American Nurses Association (2021).
Nursing: Scope and Standards of Practice. (4th Ed.). Silver Spring, MD.

Nursing integrates the art and science of caring and focuses on the protection, promotion, and optimization of health and human functioning; prevention of illness and injury; facilitation of healing; and alleviation of suffering through compassionate presence. **Nursing** is the diagnosis and treatment of human responses and advocacy in the care of individuals, families, groups, communities, and populations in recognition of the connection of all humanity.

St. Anthony's Triathlon—Faith Community Nursing Relay Team



For the first time ever we had an FCN relay team participating in the Sprint division of this annual event. **Sara McNamee** (top, right), FCN supervisor, Polk County (swim), **Gwenn Gordon** (top, left), FCN Coordinator, St. Anthony's (bike), and Sara's daughter, Bridget (run), competed as Team "Wait - I thought You Said SPLINT!" FCN team members and volunteers came out and braved



the high winds to support the race team and the community! Due to weather conditions, the swim leg was changed to a run, and Sara pivoted like a champ and helped the team come in 3rd out of 6 in their division (and 13th out of 21 overall)!



Faith Community Nursing staff and volunteers offered health and wellness screenings and prevention education at the event expo for two days prior to the big event.

Pictured, Bottom left: **Rita Sewell**, volunteer FCN, **Patti Wolfinbarger**, FCN supervisor, Sr. Mary McNally, VP Mission, and **Lavina Ward**, FCN coordinator at the Expo. Middle: **Sarah Bell** and **Pat Hall**, volunteer FCNs, **Sandy Beall**, FCN, **Carmen Mata Moya** (seated), volunteer FCN, and **Josie De Dios**, FCN coordinator. Right: **Corinna Harshaw**, volunteer FCN, with a client.

Sarasota FCN Volunteers Keep Busy with Ministry Activities

There are 22 FCNs/CHPs serving in 15 faith communities in the Manatee/Sarasota area. They meet monthly for lunch, fellowship and a short presentation on resources provided by local health facilities. Here is just a partial list of the activities they are involved in: serve in Stephen's Ministry, provide **National Alliance on Mental Illness (NAMI)**/mental health classes, plan and coordinate health and ministry fairs, develop a new health ministry, attend monthly prayer groups, hold a Blessing of Hands, organize an annual Bible Read-a-thon, make client visitations, promote and offer wellness classes, and so much more! Pictured: **Karen Stoltz-Hansing**, **Beth Long**, **Carolyn Stoll**, **Cheryl Track**, **Linda Mostek**, **Cindy Charland**, **Joyce Johnson**, **Elaine Hedrick**, (**Mary Luecke** and **Doriell Boyce**, not pictured) attended their April meeting hosted by Right Accord Home Care.



Spotlight on Community Partners in St. Pete

FCN volunteer, **Rita Sewell**, provides monthly blood pressure screenings for residents at **Peterborough Apartments**; this month she added a stroke awareness course. Thank you, Rita!

FCN has a new community partnership with **Delmar 745 Apartments**. This affordable apartment community, geared for working families, will benefit significantly from Faith Community Nursing involvement. There are many opportunities for health education and advocating. Contact us if you would like to participate in supporting this underserved group.

Resources

- Area Agency on Aging of Pasco-Pinellas
- Family Justice Center by CASA Pinellas
- Age-Friendly Services and Resources, Pinellas
- Sunshine Senior Center, St. Petersburg
- Senior Friendship Centers, Sarasota
- Sarasota County Health and Human Services

Have a resource you trust? Send it to us and we'll share it!



Monthly Stats Winner: Joyce Johnson

Clinic Happenings: La Esperanza and San Jose Mission by Stephanie Morrison, APRN, FCN, Clinics Supervisor



On the 3rd Friday of each month, we anticipate approximately 20 lab draws at San Jose Mission (SJM). In the past, we would write a requisition and ask patients to go to the nearest BayCare lab. For SJM patients, that is South Florida Baptist Hospital. However, we rarely had follow through using that method, and often missed labs on patients for years. This past year, we started offering monthly lab draws on site and patients are much more comfortable coming to the clinic, and are willing to come back on the scheduled lab draw day. Now we can monitor abnormal findings and take better whole person care of our patients.

On April 21, we were short staffed, and so we enlisted the help from our wonderful team of volunteers. This was also the first time we had Amanda (pictured) helping us. Amanda is currently a physician assistant (PA) student at Gannon University in Ruskin. She has previous experience as a phlebotomist and was eager to help! We were so glad to have her pitch in and are thankful to Amanda and to all our volunteers who so graciously gift us with their time and effort!

Ethics Conference: Perspectives on Applying Ethical Principles in Health Care

Friday, June 16 | 7:30am–3:45pm | Cost: \$49

St. Lawrence Catholic Church, Higgins Hall, 5225 N. Himes Ave., Tampa

Presented by BayCare Mission and Ethics. Breakfast and Lunch included. **To register, call (855) 269-4777.**



Date	Time	Topic/Class Title	Class Length	Presented by
5/8* Mon	3-4:30pm	<i>Age-Related Macular Degeneration</i>	1 hr (No CE)	Scott M. Friedman, MD Ophthalmology/Florida Retina Consultants
5/23* Tues	4-5:30pm	<i>The Aftermath: Exploring Unforeseen Changes in the Pediatric Population and Recognizing Caregiver Fatigue post-COVID</i>	1 hr (No CE)	Babette Bailey, MSN, CCRN Director of Patient Care Services Samantha Iorio, MSN, APRN, FNP-C St. Joseph's Children's Mobile Medical Clinic
6/8 Thurs	1-3pm	<i>Lung Cancer Screening and Prevention</i>	1 hr (1 CE)	Katrina Goodrich, BSN, RN Lung Cancer Screening Coord, Malcolm Randall VAMC
6/15 Thurs	10am-12pm	<i>Understanding Dementia Care</i>	90 min (1.5 CE)	Gary Joseph LeBlanc, CDCS Education Director, Dementia Spotlight Foundation

***May classes:** are not approved for CE, but we hope you will still join us! Links will be sent via email.

Registration for CE Classes: links for virtual CE events are sent via email. Registering for classes ensures you receive handouts prior to the class date. Schedule changes are sent via email.

East Region: Hillsborough	St. Joseph's Hospitals (SJH) & South Florida Baptist Hospital (SFBH); FCN office fax: 813-357-0815 Linda Wilkerson , Supervisor, 813-757-8006/ linda.wilkerson@baycare.org San Jose Mission and La Esperanza Clinics Stephanie Morrison , Supervisor, 813-419-1929/ stephanie.morrison@baycare.org	FindHelp.com is an online platform that will allow you to connect those in need to local social service organizations. Search by zip code.
West Region: Polk, Hernando, Citrus, Pasco, Pinellas Manatee/Sarasota	Winter Haven Hospitals (WHH) & Bartow Regional Medical Center (BRMC) Sara McNamee , Supervisor, 863-293-1121 ext 207935/ sara.mcnamee@baycare.org Morton Plant Mease Hospitals (MPM); FCN office fax: 727-333-6173 Neppie Alexander , Supervisor, 727-736-9767/ neppie.alexander@baycare.org St. Anthony's Hospital (SAH); FCN Office fax: 727-825-1009 Patti Wolfinbarger , Supervisor, 727-820-7880/ patricia.wolfinbarger@baycare.org	