

## STUDENT HAND HYGIENE VALIDATION for BayCare Hospital Division

Name: \_\_\_\_\_

Date: \_\_\_\_\_

CRITICAL ELEMENTS	Comments
<b>KNOWLEDGE – REVIEW</b>	
Non-Team Member Essentials	
<b>PERFORMANCE – CRITICAL STEPS:</b> Non-Team Member must be observed by a credentialed individual before performing skill independently.	
1. Inspect surface of hands for dermatitis, breaks, or cuts in the skin or cuticles. Artificial nails are not permitted.	
2. Inspect hands for visible soiling.	
3. Note condition of nails. Ensure fingernails are short, filed, and smooth.	
4. Cover any skin lesions before providing patient care.	
5. Push long uniform sleeves above the wrists.	
<b>Hand Hygiene Using a HOSPITAL APPROVED alcohol-based antiseptic product</b>	
1. Apply hospital approved alcohol-based antiseptic product into palm of hand to cover all surfaces.	
2. Follow these steps for at least 20-30 seconds: <ol style="list-style-type: none"> <li>a. Rub hands palm to palm.</li> <li>b. Right palm over back of left hand with interlaced fingers and vice versa.</li> <li>c. Palm to palm with fingers interlaced.</li> <li>d. Backs of fingers to opposing palms with fingers interlocked.</li> <li>e. Rotational rubbing of left thumb held in right palm and vice versa.</li> <li>f. Rotational rubbing, backwards and forwards with fingers of right hand in left palm and vice versa.</li> <li>g. Allow hands to completely dry prior to donning gloves.</li> </ol>	
3. Do not use a hospital approved alcohol-based antiseptic rub for hand hygiene when spore-producing pathogens are suspected or confirmed.	
<b>Hand Hygiene Using HOSPITAL APPROVED Soap and Water</b>	
1. Turn on water (ensure water is warm). Keep uniform away from sink surface and avoid splashing water on uniform.	
2. Wet hands and wrists thoroughly under running water.	
3. Apply enough hospital approved soap to cover all hand surfaces.	
4. Follow these steps for at least 20-30 seconds: <ol style="list-style-type: none"> <li>a. Rub hands palm to palm.</li> <li>b. Right palm over back of left hand with interlaced fingers and vice versa.</li> <li>c. Palm to palm with fingers interlaced.</li> <li>d. Backs of fingers to opposing palms with fingers interlocked.</li> <li>e. Rotational rubbing of left thumb held in right palm and vice versa.</li> <li>f. Rotational rubbing, backwards and forwards with fingers of right hand in left palm and vice versa.</li> <li>g. Rinse hands with water.</li> <li>h. Dry hands thoroughly with a single use towel and use same towel to turn off the faucet.</li> </ol>	
Validated by: _____	Date: _____

**SCHOOL TO KEEP RECORD OF STUDENT AND INSTRUCTOR VALIDATION.**

Johns Hopkins Medicine. (2019, March 26). Hand washing steps using the World Health Organization (WHO) technique. [Video]. YouTube. <https://youtu.be/lisgnbMfKvI>

Johns Hopkins Medicine. (2019, May 8). Hand rubbing steps using the World Health Organization (WHO) technique. [Video]. YouTube. <https://youtu.be/B3eq5fLzAOo>

How to handwash poster. Geneva: World Health Organization. (2009) [https://www.who.int/docs/default-source/patient-safety/how-to-handwash-poster.pdf?sfvrsn=7004a09d\\_2](https://www.who.int/docs/default-source/patient-safety/how-to-handwash-poster.pdf?sfvrsn=7004a09d_2). CC BY NC SA 3.0