

2022 Post-Op Planning (POP) Virtual Class Schedule



The 2022 Post-Op Success Program includes quarterly POP group classes offered for patients six to twelve months after surgery, with a separate group for patients one year post-op and beyond.

Virtual classes are being offered at this time.

If you're interested in attending the POP class at the South Florida Baptist Hospital Weight Loss Surgery Program, please call (813) 707-2152 to register.

Third Wednesday of the month, 5:30–6:30pm

■ **January 19**

One year and over

■ **April 20**

6–12 months post-op

■ **July 20**

One year and over

■ **October 19**

6–12 months post-op