## Bariatric Support Group



Individuals tend to have better outcomes when they share their stories with people going through similar experiences. You can attend whether you're pre- or post-surgery. Topics include nutrition, physical activity, emotional issues, preparing for life changes, coping skills and staying on track.

Mease Dunedin Hospital
First Tuesday of every month
5:30–6:30pm

Morton Plant North Bay Hospital Fourth Tuesday of every month (no meeting in December)
5:30-6:30pm

**Mease Dunedin Hospital** 646 Virginia St., Suite 600 Dunedin

Morton Plant North Bay Hospital 6600 Madison St. New Port Richey

