

Online Bariatric Support Group



Individuals tend to have better outcomes when they share their stories with people going through similar experiences. You can attend whether you're presurgical or postsurgical. Topics include nutrition, physical activity, emotional issues, preparing for life changes, coping skills and staying on track.

**First Tuesday
of every month,
5–6pm**

**Call (727) 734-6879 to get
the link for each month's
support group meeting.**

 **BayCare**
Weight Loss Surgery

BayCareWeightLoss.org