

# COMMUNITY HEALTH NEEDS ASSESSMENT

 $2019 \cdots$ 

**BAYCARE HEALTH SYSTEM** 

ST. ANTHONY'S HOSPITAL
PINELLAS COUNTY

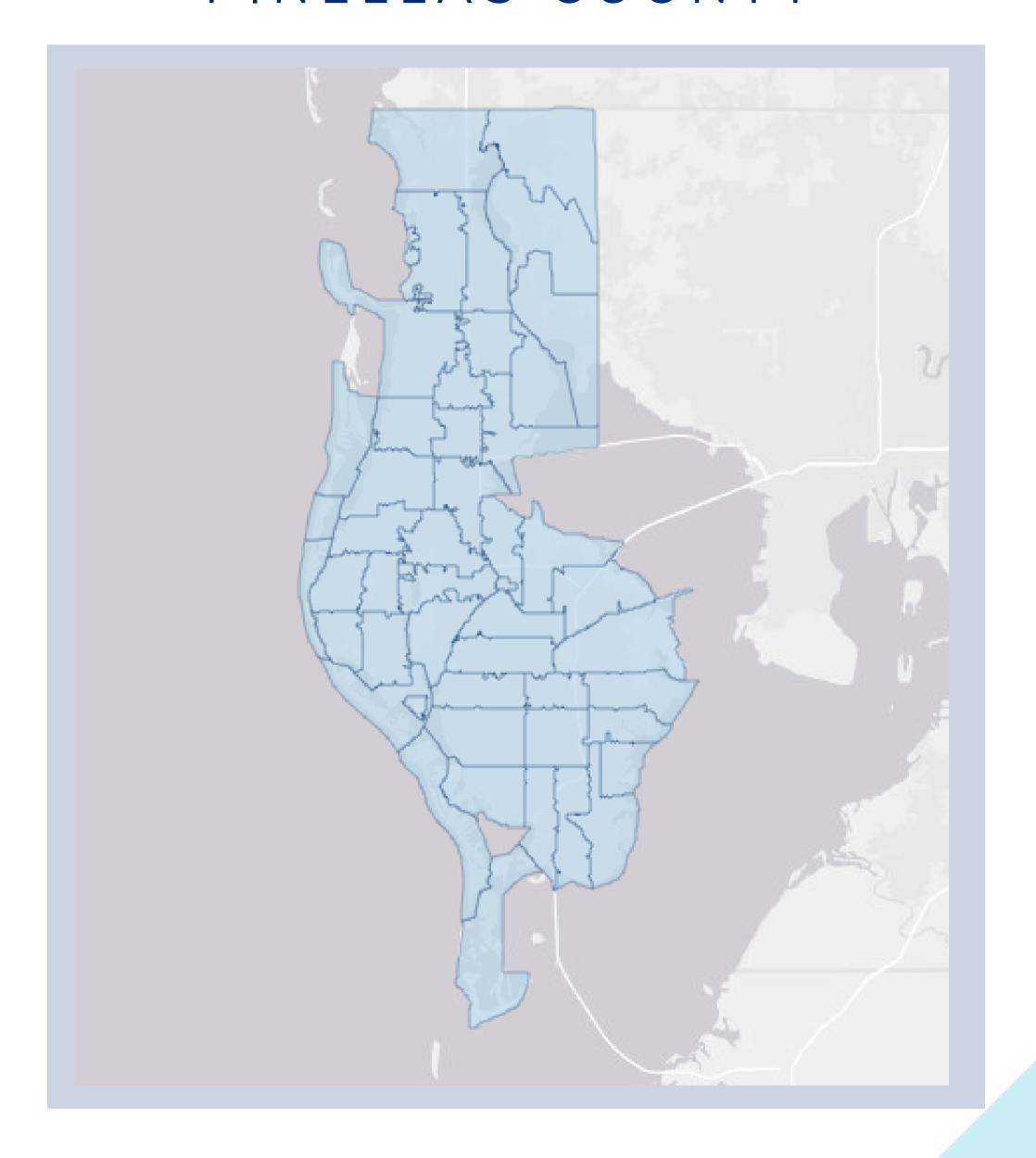
### PURPOSE & SCOPE OF REPORT

## PURPOSE

St. Anthony's Hospital is pleased to present the 2019 Community Health Needs
Assessment (CHNA). This CHNA report provides an overview of the process and methods used to identify and prioritize significant health needs across the St.
Anthony's Hospital's service area, as federally required by the Affordable Care Act.
BayCare Health System partnered with Conduent Healthy Communities Institute (HCI) to conduct the CHNA for each of the 15 hospital facilities across a four-county region.

The purpose of this CHNA is to offer a comprehensive understanding of the health needs in the St. Anthony's Hospital's service area and guide the hospital's planning efforts to address those needs. Findings from this report will be used to identify and develop efforts to improve the health and quality of life of residents in the community.

### PINELLAS COUNTY





This main portion of this report covers the population and geographic area for St. Anthony's Hospital's primary service area (PSA) of Pinellas County. Special attention has been given to the needs of vulnerable populations, unmet health needs or gaps in services, and input from the community. Pinellas County (http://www.pinellascounty.org/) covers a geographic area of 608 square miles which includes a peninsula, bound by the Gulf of Mexico and Tampa Bay, and eleven barrier islands. As of the 2018 U.S. Census, Pinellas County has a population of 975,280.

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# Acknowledgements

The development of the St. Anthony's Hospital - Pinellas County CHNA report was a collective effort that included hospital leadership, community benefit leadership, the Florida Department of Health, other not-for-profit hospitals, community-serving organizations, and community members from the areas surrounding our hospital that share our commitment to improve health and quality of life. The 2019 CHNA planning effort was the first time that all of these entities worked together on the CHNA process to develop a single shared strategy to collect data that helped us identify, prioritize, and address community health needs. This was an integral step to ensuring we are able to understand the needs of our community and develop programs and services that will positively impact the health and well-being of those we serve.

### **Hospital Leadership**

Scott Smith
President of St. Anthony's Hospital

### **BayCare Community Benefit Leadership and Team**

Keri Eisenbeis, Vice President of Government and Community Relations
Lisa Bell, Community Benefit Manager
Chance Martinez-Colon, Community Outreach Coordinator-Pasco County
Julia C. Neely, Community Outreach Coordinator-Pinellas County
Vasthi Ciceron, Community Outreach Coordinator-Hillsborough County
Holly Vida, Manager of Operations-Polk County
Leah Millette, Community Benefit Coordinator
Colleen Mangan, Community Benefit Data Analyst
Rosely Marmolejos, Community Benefit Department Secretary

#### **Collaborating Organizations**

Advent Health (Florida Hospital)
Florida Department of Health in Pinellas County
Johns Hopkins All Children's Hospital
Moffitt Cancer Center

BayCare Health System commissioned Conduent Healthy Communities Institute (HCI) to support data collection, data analysis, and report preparation for its 2019 Community Health Needs Assessment. HCI works with clients across the nation to drive community health outcomes by assessing needs, developing focused strategies, identifying appropriate intervention programs, establishing monitoring systems, and implementing performance evaluation processes. To learn more about Conduent Healthy Communities Institute, please visit https://www.conduent.com/community-population-health. The following HCI team members were involved in the development of this report: Ashley Wendt, MPH – Public Health Consultant, Courtney Kaczmarsky, MPH – Public Health Consultant, Zack Flores – Project Coordinator, Caroline Cahill, MPH – Research Manager, and Liora Fiksel – Research Assistant.

# **Executive Summary**

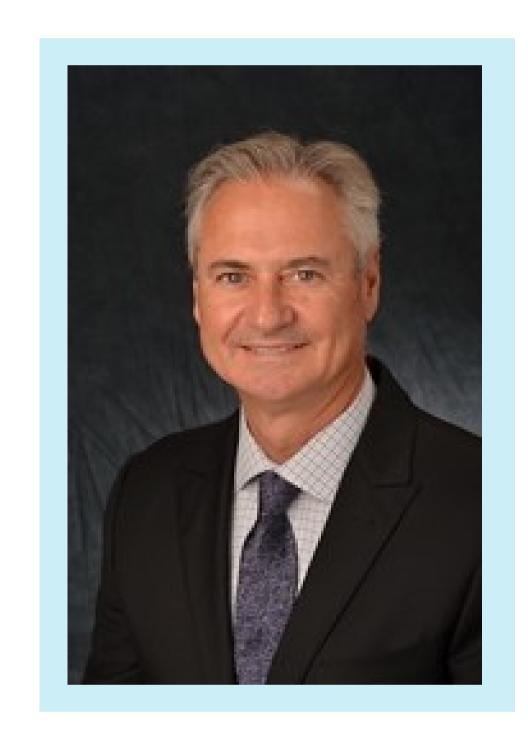
BayCare Health System is the largest health care system in the Tampa Bay area and West Central Florida region. BayCare's mission is to improve the health of all they serve through community owned health care services that set the standard for high quality, compassionate care. The values of BayCare are trust, respect, responsibility, excellence, and dignity and reflect a responsibility to achieve health care excellence for their communities. St. Anthony's Hospital is part of BayCare's network of 15 not-for-profit hospitals in the region. St. Anthony's Hospital has a long tradition of providing a wide range of exceptional health care services to our community — more than 85 years of advancing superior health care. This facility continues with a commitment to remain on the leading edge of medicine for emergent and inpatient care. St. Anthony's also has several Outpatient Centers located in southern Pinellas County to provide community members with various services and is involved in a number of outreach programs to provide high-quality, compassionate health care beyond the hospital's walls.

## Letter from the President

A Message from Scott Smith, President of St. Anthony's Hospital:

BayCare Health System is committed to improving the health of all communities we serve. Caring for those who need us most is a fundamental part of our mission.

In 2018, BayCare provided \$462 million in Community Benefit, including \$117 million in charity care, to assure high-quality, timely, and appropriate care to those who couldn't afford it. Every day, we are working hard to improve the health and well-being of our communities.



In 2019, St. Anthony's Hospital worked together with the Florida Department of Health and other local not-for-profit hospital partners to conduct a Community Health Needs Assessment (CHNA). Together, our organizations developed a shared strategy to collect data that helped us identify, prioritize, and address emerging community health needs. Community needs were identified through available local, state, and national data, and most importantly, the assessment surveyed the voices of those we serve. We also engaged community leaders and key advocates through interviews, surveys, focus group listening sessions, and a video voice project. St. Anthony's Hospital adopted an implementation plan to address those needs. The plan includes clinical services, education, and policy interventions that would span across the service area.

We encourage you to use this summary to gain a better understanding of our community's needs and to guide additional discussions with key decision-makers and leaders. To those who participated in our data collection efforts and prioritization exercise -- thank you for your invaluable contributions. We look forward to sharing the impact of the implementation plan and ongoing conversations with all stakeholders and residents of our communities.

# Impact Since Last CHNA

Within the most recent three-year Community Health Needs Assessment (CHNA) cycle, substantial progress was made in addressing the health needs identified and prioritized during the 2016-2019 CHNA. Of the activities implemented, the most notable are detailed below.

**Expand access to affordable medications:** BayCare has developed and implemented a Medication Assistance Program (MAP). MAP is designed to assist patients and community members in finding available resources to help offset the cost of medication. To date, 3,309 patients and community members have received assistance with affordable medications that they might otherwise have to prioritize over other social or economic needs or go without.

Improve Access
to Quality and
Affordable
Health Care

**Increase access to Health services:** St. Anthony's Hospital worked to improve access to health services among residents of Pinellas Hope by placing a full time RN onsite to coordinate health services and health education and support the Medical Respite program. The Medical Respite program was designed to provide shelter, nursing care, and healing to homeless individuals when they are discharged from BayCare hospitals in Pinellas County. The RN at Pinellas Hope supports residents in the Medical Respite program by coordinating the care they require while in recovery.

Collaborate with community organizations to expand reach and impact of Navigator initiatives: Navigators facilitate enrollment in marketplace and county plans and/or connect community members to free or low-cost services. Specifically, Navigators offered health insurance literacy information and addressed access requests including: Medication Assistance Program, provider appointments, financial concerns, and referrals to public assistance programs. Navigators provided assistance to approximately 8,500 individuals through their activities during the three-year cycle.

Address
Mental Health
and Substance
Abuse

Remove unused prescription drugs from the home: BayCare implemented a drug deactivation project, designed to remove unused prescription drugs from the home to combat identified substance use/misuse needs. The Deterra Drug Deactivation system is an easy way to safely and responsibly dispose of unused medications, lowering the risk of misuse and preventing unnecessary damage to the environment. As a part of this project, thousands of Deterra kits were purchased, made publicly available, and strategically deployed within the community.

# Impact Since Last CHNA

Address
Mental Health
and Substance
Abuse

Expand access to research on Mental Health and Suicide: BayCare completed a Suicide Health Services Research Project, designed to understand the underlying risk factors and causes for suicide in the Tampa Bay area. This research was the first step to defining strategies and best practices to address identified health needs related to behavioral health and suicide. The data results and analysis, produced by the University of South Florida, were publicly presented through community forums. These forums were held to give the community an opportunity to discuss the results of the research project and potential next steps. Data from the research training, established a need for more Mental Health First Aid trainings in the area.

Expand access to behavioral health and substance abuse services: Through providing Mental Health First Aid classes, St. Anthony's Hospital focused on increasing community awareness to identify someone in mental health distress. Adult and pediatric classes were held across the community and offered to a combination of social service providers, community members, and faith leaders who have multiple touch points with individuals living in St. Anthony's service area.

Diabetes
and
Cardiovascular
Disease

Enhance Community Health and Faith Community Nursing programs: BayCare has implemented and funded a Diabetes Health Coach Model to address high-risk populations through partnerships with the area's Federally Qualified Health Centers and Free Clinics. The Health Coaches will identify high-risk patients, provide education, and ongoing case management to assure compliance and positive health outcomes.

In collaboration with community organizations, St. Anthony's Hospital worked to identify those with risk factors for diabetes or cardiovascular diseases, providing education, screenings, and referrals. St. Anthony's Hospital continues to enhance the efforts of the Community Health and Faith Community Nursing teams to reach targeted populations across the service area.

# Community Feedback

St. Anthony's Hospital's CHNA and Implementation Strategy were made available to the public via the website https://baycare.org/about-us/community-health-needs. In order to collect comments or feedback, a unique email was used: CHNAFeedback@baycare.org. No comments had been received on the preceding CHNA via the email at the time this report was written.

# Methods

### **Data**

## Description

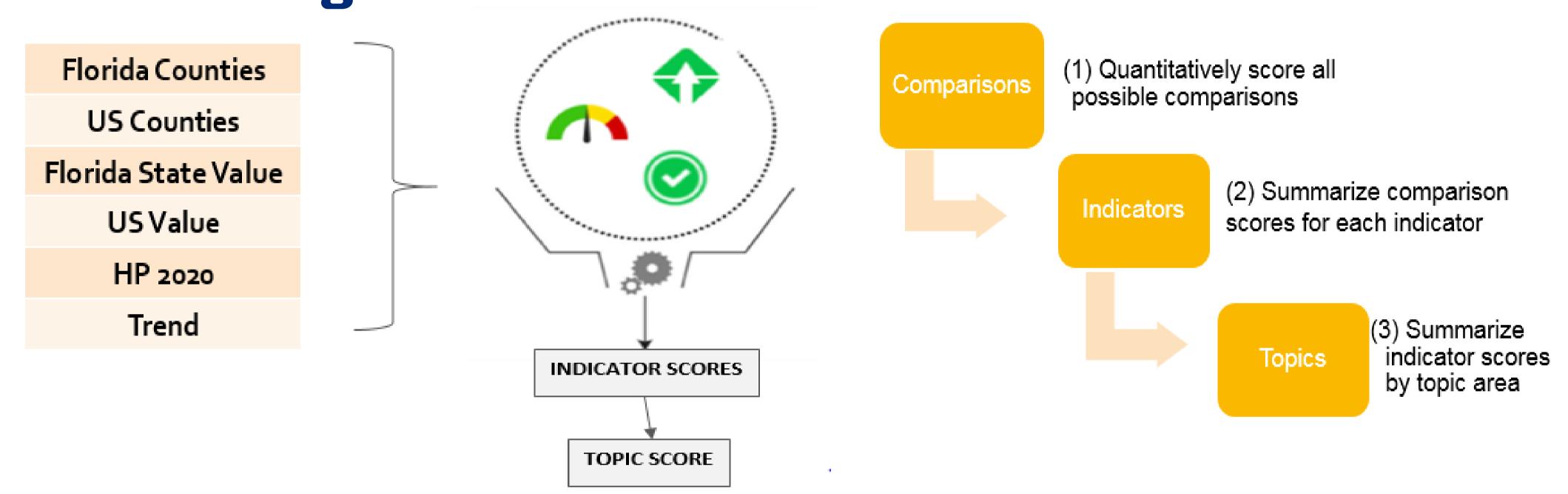
## **Analysis**



Data Scoring Data was collected from 27 secondary data sources (see full source list below). 142 demographic, social, economic, and health indicators were available for Pinellas County.

- Each indicator is given a score at the county level, then compared to the Florida and U.S. values
- Indicators are rolled up into health and quality of life topic areas, then ranked
- See the Appendices Section for the full data scoring report and ranking

**Data Scoring Process** 



### **DATA SOURCES\***

- 1. Centers for Medicare & Medicaid Services
- 2. Florida Behavioral Risk Factor Surveillance System
- 3. Florida Department of Health, Bureau of Vital Statistics
- 4. County Health Rankings
- 5. University of Miami (FL) Medical School, Florida Cancer Data System
- 6. American Community Survey
- 7. Florida Department of Education
- 8. Florida Department of Health, Bureau of STD Prevention & Control
- 9. Florida Youth Substance Abuse Survey
- 10. Florida Department of Health, Bureau of TB & Refugee Health
- 11. U.S. Department of Agriculture Food Environment Atlas
- 12. Florida Department of Health, Bureau of Immunization
- 13. Florida Department of Children and Families
- 14. Florida Youth Tobacco Survey
- 15. Florida Department of Health, Bureau of Epidemiology Administration

- 16. Florida Department of Juvenile Justice
- 17. U.S. Environmental Protection Agency
- 18. Florida Department of Law Enforcement
- 19. Feeding America
- 20. Institute for Health Metrics and Evaluation
- 21. Florida Department of Health, Bureau of HIV/AIDS
- 22. American Lung Association
- 23. National Center for Education Statistics
- 24. Florida Department of State
- 25. Centers for Disease Control and Prevention
- 26. Florida Agency for Health Care Administration
- 27. U.S. Bureau of Labor Statistics

<sup>\*</sup> The secondary data was originally analyzed and scored in April 2019 using the available data at that time. Since the prioritization session, some of the state and national data sources have been updated. Where possible, the most recent data and data scores are reflected in this report -- as of September 2019.

## Methods

## **Data**

## Description

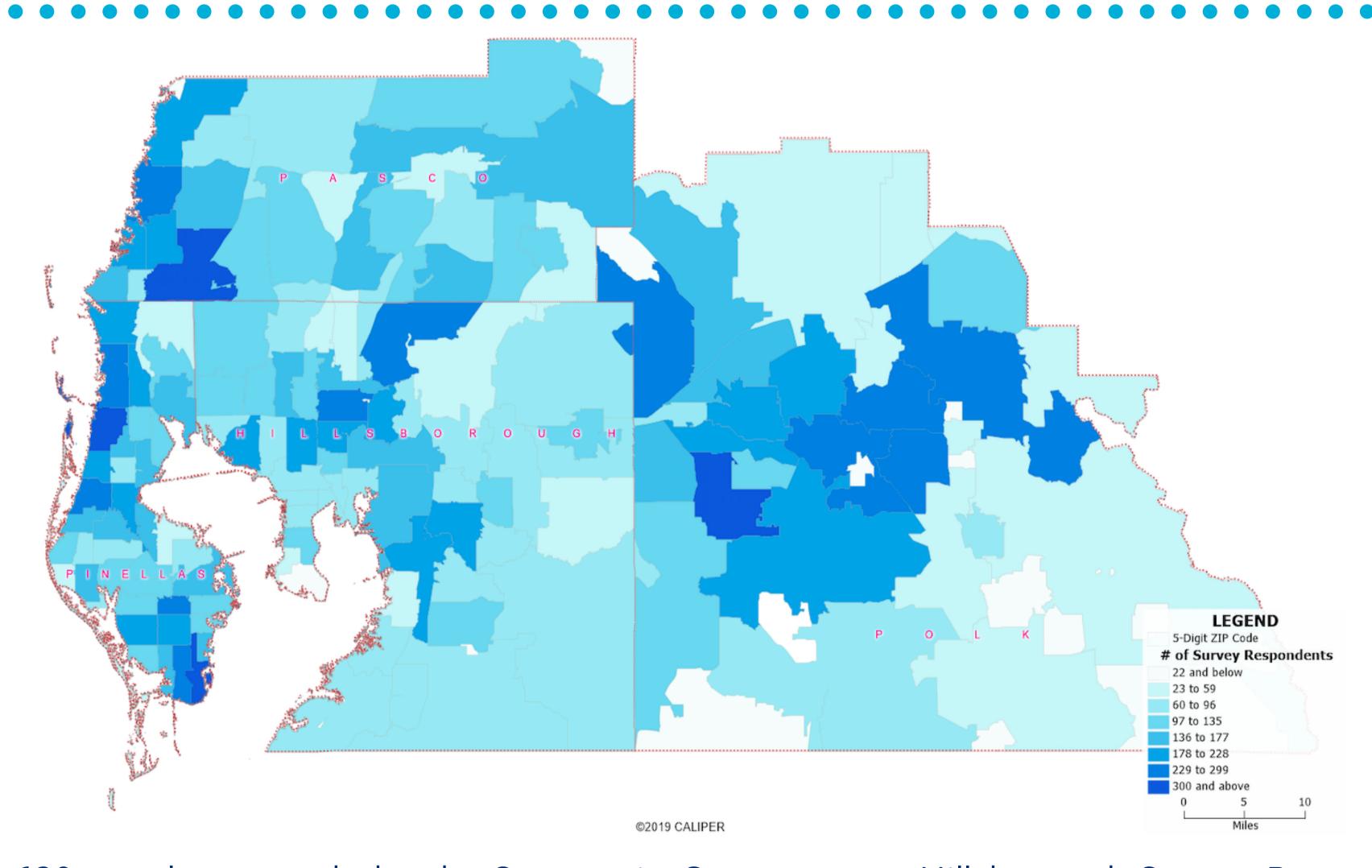
## Analysis



The Pinellas County
Community Survey consisted
of 71 health and well-being
focused questions (see
Appendices Section). 6,494
residents of Pinellas County
completed a Community
Survey. The survey was
distributed as a web link and
as a paper copy in English and
Spanish.

Survey participation was comparable to the demographic profile of Pinellas County. Survey Respondents were:

- 70.8% Female
- 75.2% White
- 7.2% Hispanic or Latino
- 2.2% Spanish-Speaking
   Significant community issues identified
   by Survey Respondents were:
- Mental Health
- Heart Disease & Stroke
- Being Overweight
- Aging Population
- Substance Abuse
- Distracted Driving



In total, 19,620 people responded to the Community Survey across Hillsborough County, Pasco County, Pinellas County, and Polk County. The responses to the questions for all four county surveys were combined using statistical processing software and sorted by respondents' county of residence. The map above shows where the highest concentration of Survey Respondents live according to their self-reported zip code. The Community Survey results in this report reflect the results of this data analysis for the residents of Pinellas County.

## Methods

## **Data**

## Description

## **Analysis**

## Key Informants



Key Informant Interviews (KII's) were conducted in early 2019 and involved 55 community members, representing over 50 community organizations (listed below). KII's were conducted with individuals who have a fundamental understanding of public health and represent the broad interests of the community. A questionnaire (see Appendices Section) was distributed to individuals identified by the community collaborative as experts in their field with specific knowledge of community needs and vulnerable populations.

- Of the 55 Key Informant Interview participants, 56% worked for organizations providing services directly in Pinellas County
- Interview text was analyzed using the web-based qualitative data analysis tool, Dedoose\*
- Excerpts were coded by relevant topic areas and key health themes
- The frequency with which a health topic was discussed was used to determine the most pressing health needs of the community, which included: Mental Health & Mental Disorders, Exercise, Nutrition & Weight, Access to Health Care, Diabetes, and Oral Health

Advent Health Wesley Chapel

Agency for Persons with Disabilities

Alpha ÚMi Inc.

Area Agency on Aging of Pasco-Pinellas

Atria Senior Living

Bay Area Legal Services

**CARES Florida** 

Central Florida Behavioral Health Network, Inc.

Citizens Alliance for Progress

Clearwater Free Clinic

Community Dental Clinic

Drug Abuse Comprehensive Coordinating Office (DACCO)

Florida Department of Health - Pinellas

Early Learning Coalition of Pasco and Hernando Counties, Inc.

Feeding America Tampa Bay

Florida Department of Health – Hillsborough

Florida Department of Health – Pasco

Florida Trans Proud

Florida Voices for Health

Forward Pinellas

Good Samaritan Health Clinic of Pasco, Inc.

Gracepoint

Gulf Coast Jewish Family and Community Services

Hillsborough County Public Schools

Healthy Planet, Healthy People

Healthy Start Coalition of Hillsborough County, Inc.

Hillsborough Area Regional Transit (HART)

Hillsborough County Sheriff's Office

Homeless Leadership Board

Johns Hopkins All Children's Hospital

Pasco County Board of County Commission

Pasco County Fire Rescue (EMS)

Pasco County Housing Authority

Pasco Kids First

Premier Community Healthcare Group

Project LINK, Inc

REACHUP, Inc.

Rice

St Petersburg Free Clinic

Tampa General Hospital

Tarpon Springs Rotary Club
Tarpon Springs Shepherd Center

Thrive by Five Pinellas

University of Florida's Institute of Food and Agricultural

Sciences (UF/IFAS) - Family Nutrition Program UF/IFAS - Hillsborough County Extension

UF/IFAS - Pasco County Extension

United Way of Pasco County

University Area CDC

YMCA of Greater St. Petersburg

<sup>\*</sup>Dedoose Version 6.0.24, web application for managing, analyzing, and presenting qualitative and mixed method research data (2015). Los Angeles, CA: SocioCultural Research Consultants, LLC (www.dedoose.com).

# Data Synthesis

All forms of data have their own strengths and limitations. Each data source was evaluated based on these strengths and limitations during data synthesis and should be kept in mind when reviewing this report. Within each health topic there is a varying scope and depth of quantitative data indicators and qualitative findings. For both quantitative and qualitative data, immense efforts were made to include as wide a range of secondary data indicators, Key Informant experts, and Community Survey participants as possible. In order to gain a comprehensive understanding of the significant health needs for the Pinellas County service area, the findings from all three data sets were compared and studied simultaneously. The secondary data scores, interviews, and survey were treated as three separate sources of data and considered equally important in understanding the health issues of the community. The top health needs identified from each data source were analyzed for areas of overlap with the other data sources. Eleven health issues were identified as significant health needs across all three data sources and were used for further prioritization.



Access to Health Services

Maternal, Fetal & Infant Health





Cancer

Mental Health & Mental Disorders





Diabetes

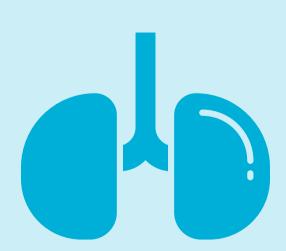
Oral Health





Exercise, Nutrition & Weight

> Respiratory Disease





& Stroke

Heart Disease

Substance Abuse



Immunizations & Infectious Diseases

## Prioritization Process

On July 23, 2019, participants from collaborating organizations as well as other community members came together to prioritize the significant health issues in their community. In order to better target community issues regarding the most pressing health needs in Pinellas County, a half-day session was held to prioritize significant health topics. Session participants were asked to consider the following prioritization criteria to determine from the list of eleven health topics which topics were most important:

**Scope and Severity of** the Health Issue

**Organizational Ability** to Make an Impact

Number of people impacted by the issue

High risk or rate of morbidity and mortality

The community, including vulnerable groups, perceive the issue to be high need

Alignment with strengths and mission

Opportunity for collaborative partnership

Existing resources and programs to address the issue

Over 140 individuals\* attended the Pinellas County Prioritization Session, representing a broad cross section of experts and organization leaders with an extensive knowledge of the health needs in the community. In addition to health care providers and local government agencies, including the health department, many organizations were present that deliver services to and represent members of medically under-served, low-income, and minority populations.

#### **Local Industry**

Creative Contractors, Inc. Hill Ward Henderson Onyx Strategic Consulting, LLC Operations by Design ProVise Management Group, LLC

Sweet Eden by Sheron

#### Government

City of Largo City of Pinellas Park City of St. Petersburg Department of Health - Pinellas County Department of Health -Hillsborough County Florida House of Representatives Kenneth City Pinellas Board of County Commissioners Pinellas County EMS Pinellas County Human Services Pinellas County School Board St. Petersburg Housing Authority

### **Community Based Organizations** and Collaboratives

211 Tampa Bay Cares Allegany Franciscan Ministries Citizens Commission on Human Rights of Florida

Community Veterans Engagement

Board

Daystar Life Center, Inc. Feeding Tampa Bay Florida Dream Center

Foundation for a Healthy St. Petersburg Moffitt Cancer Center Health Council of West Central Florida

Homeless Leadership Board

Lighthouse of Pinellas for the Blind and

Visually Impaired

Mount Zion Human Services Inc.

NAACP

National Alliance on Mental Illness

Phoenix House Florida

Ready for Life

Tarpon Springs Rotary Club

Tobacco Free Florida

United Way

YMCA of the Suncoast

### **Health Care Delivery**

Advent Health

Bay Pines VA Healthcare System

BayCare Health System

**Bon Secours** 

Central Florida Behavioral Health

Network, Inc. (CFBHN)

Clearwater Free Clinic

Community Dental Clinic, Inc.

Community Health Centers of Pinellas, Inc.

Johns Hopkins All Children's Hospital

Morton Plant Mease Health Care

Northside Hospital HCA

St. Petersburg Free Clinic

St. Anthony's Hospital

Suncoast Center, Inc.

Tampa General Hospital

### **Health Plans**

Humana

#### **Higher Education**

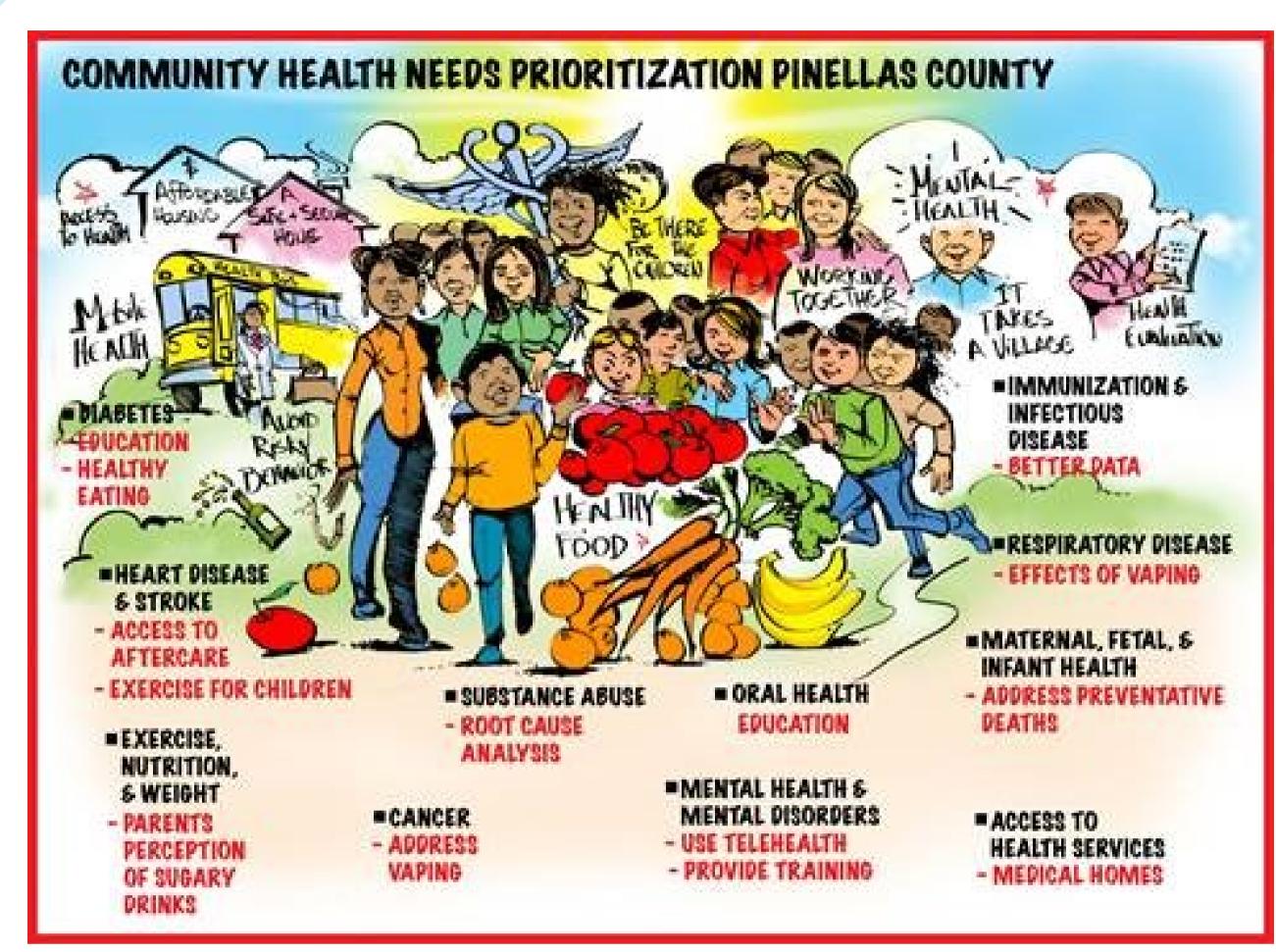
St. Petersburg College The University of Tampa

University of South Florida (USF)

<sup>\*</sup> The full list of attendees is included as an attachment in the Appendices Section at the end of this report.

# **Prioritization Process**

The Prioritization Session included a data presentation highlighting primary and secondary data findings for the eleven significant health issues and focus groups to further discuss relevant demographic and health outcomes data. Finally, a group ranking process was conducted to determine the most pressing health needs. During the activities, a community artist was present to capture a visual representation of the discussion (right).



Jonathon Massie, Business Illustrator

Participants ranked each of the health categories individually using the dual criteria of scope and severity and ability to impact. Criteria scores were then combined to generate an overall ranking of health needs. After further consideration, it was decided to combine the categories of Mental Health & Mental Disorders and Substance Abuse into the singular category of Behavioral Health. Thus, the final three top health priorities for Pinellas County are:









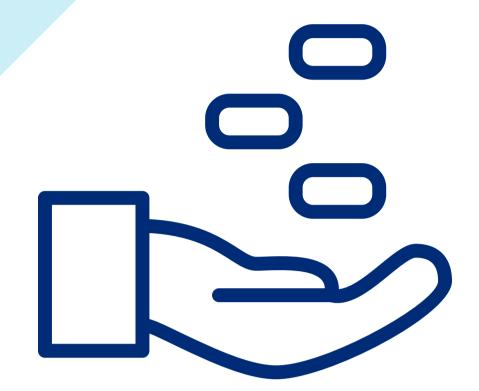
Exercise, Nutrition & Weight

The three health topics will be broken down in further detail below in order to understand how findings in the primary and secondary data led to each issue becoming a high priority need area. The health topics are presented in the order they were ranked during the Prioritization Session.

# Demographics

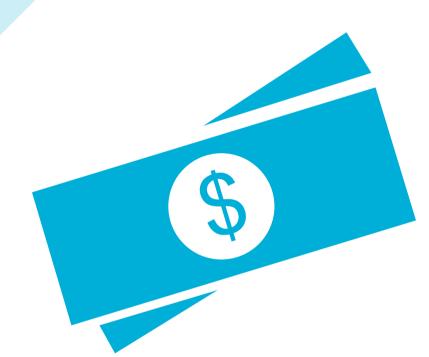
The following data points illustrate the composition of the Pinellas County community, which informed the assessment of need. The data sources used in this section come from the American Community Survey\* unless otherwise noted.

Median
Household
Income:
\$48,968



People 25+ with a Bachelor's Degree or Higher





13.7%

People Living Below the Poverty Level

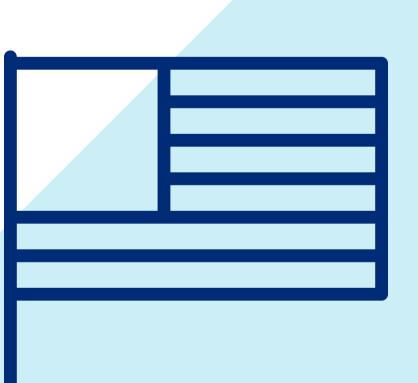


of the Civilian Labor Force is Unemployed\*\*



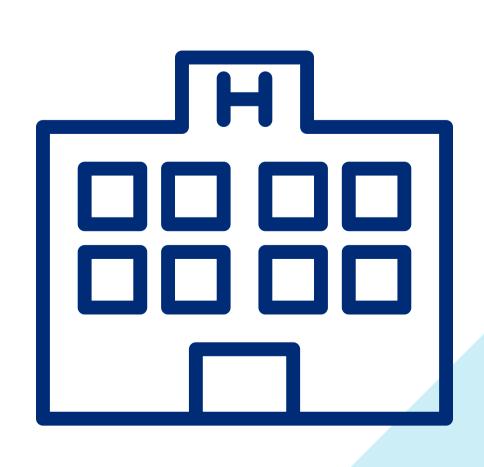
Median
Household
Gross Rent:
\$1,007

110/o
Veteran Population



83.2%

Adults with Health Insurance





Mean Travel
Time to Work:
24.4 minutes

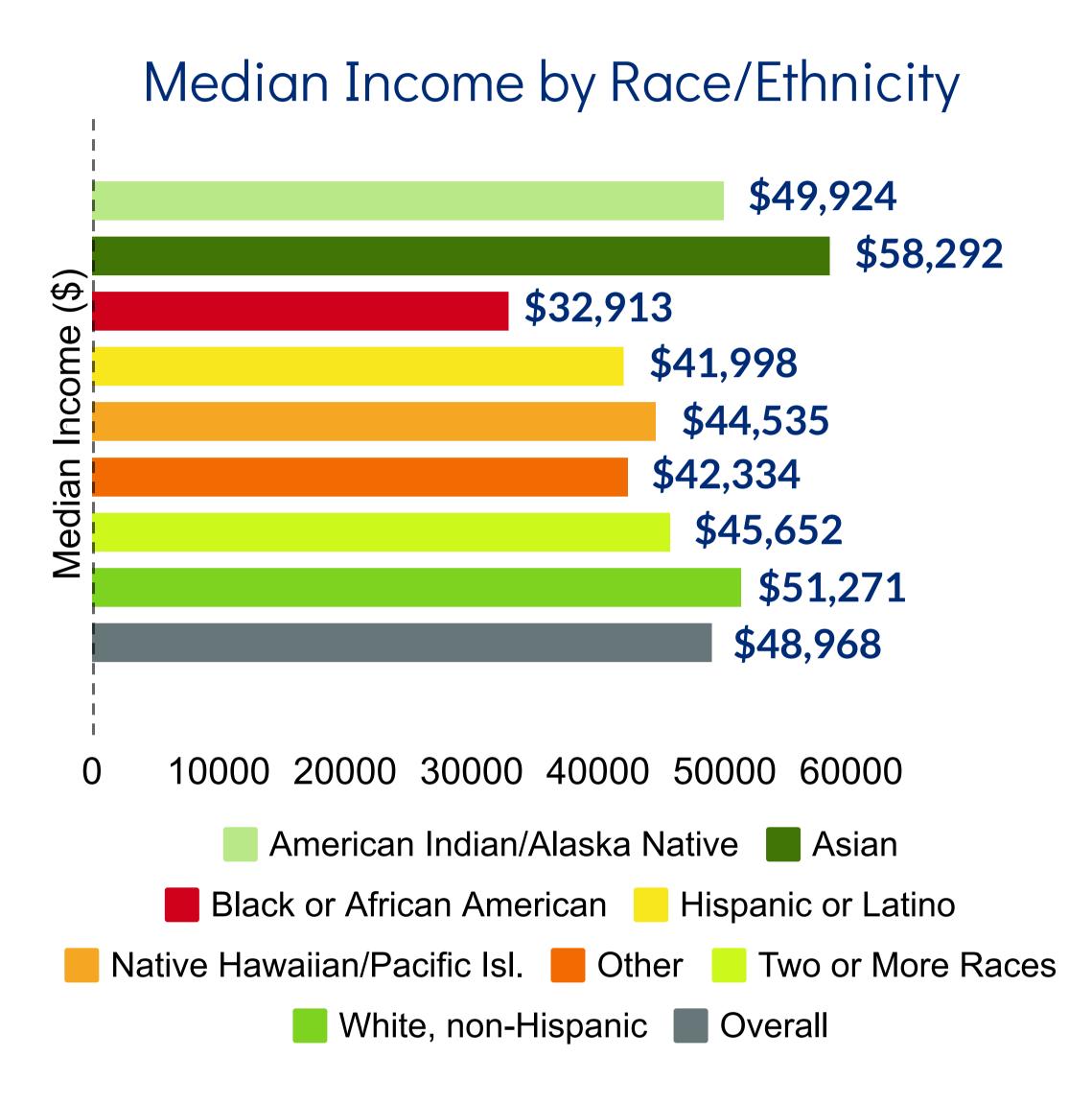
<sup>\*</sup> American Community Survey, 2017

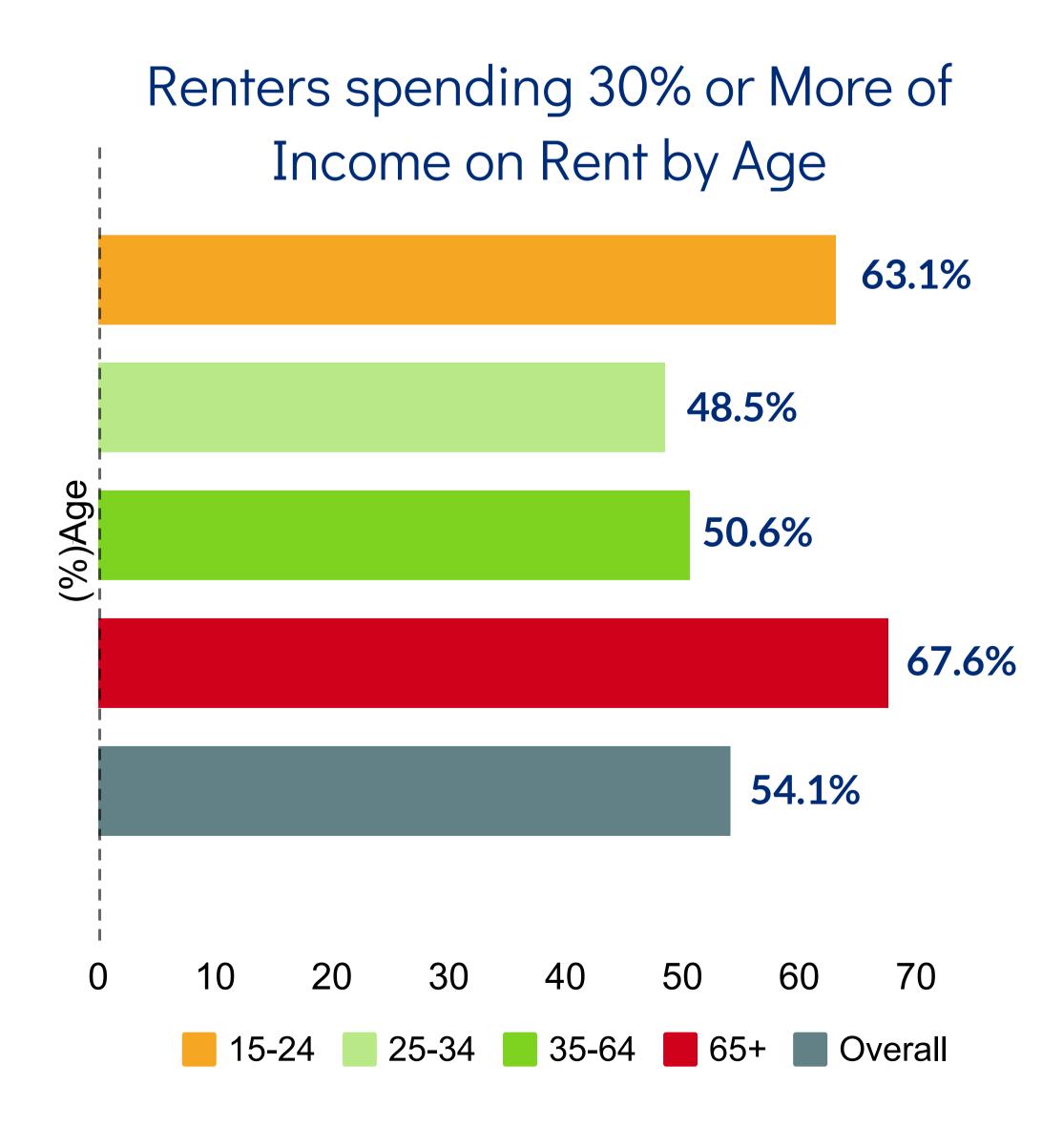
<sup>\*\*</sup> U.S. Bureau of Labor Statistics, 2019



# Investigating Disparities

Demographics were further broken down by race/ethnicity, gender, and age to identify groups of individuals that may be impacted greater by factors such as financial burden, education attainment, and transportation. These social determinants of health impact one's ability to attain overall health. In Pinellas County, Black or African Americans have the lowest median income (\$32,913) when compared to other race/ethnic groups. Hispanic or Latino residents have the next lowest median income (\$41,998). Both groups' incomes are well below the overall median income in the community.

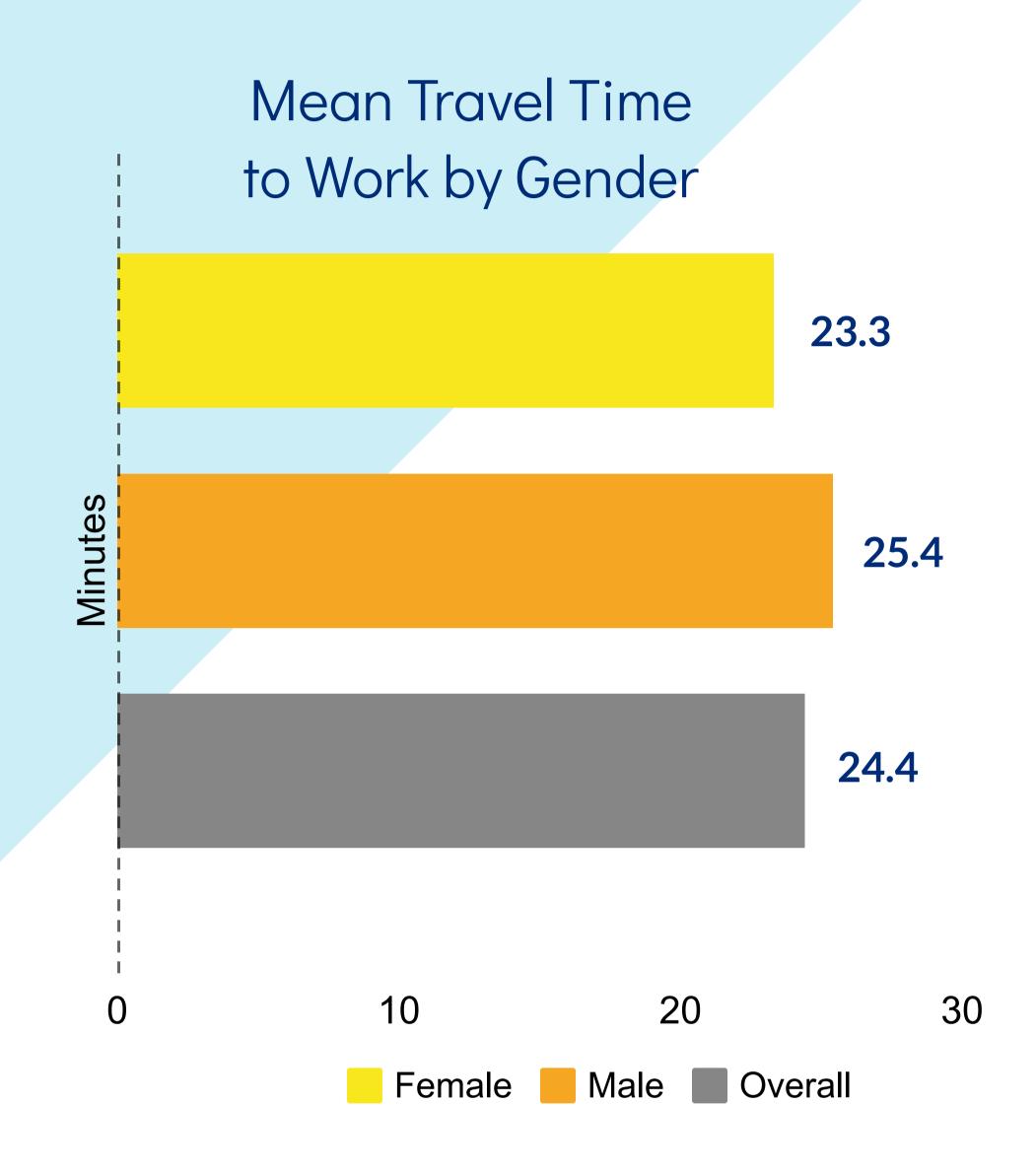




Spending a high proportion of monthly income on rent can create financial hardship. With a limited income, paying a high rent may not leave enough money for other expenses, such as food, transportation, and medical care. Community members who are over 65 or between the ages of 15 and 24 are at the highest risk of financial burden due to rent when compared to other age groups. Overall, about half of the community is spending 30% or more of their income on rent. Pinellas residents under the age of 24 are also the most likely to live below the poverty level when compared to other age groups.



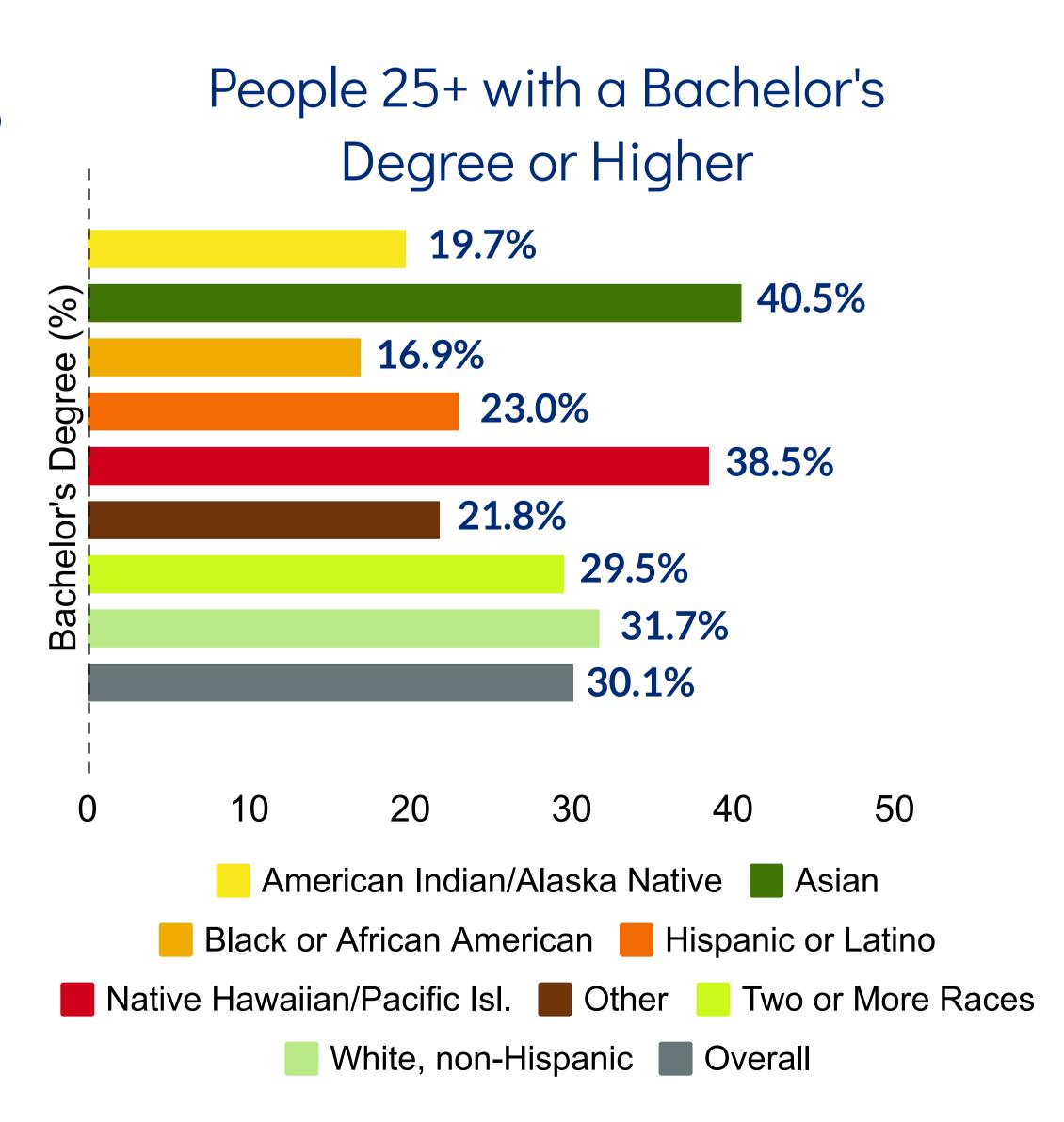
# Investigating Disparities



Lengthy commutes cut into workers' free time and can contribute to health problems such as headaches, anxiety, and increased blood pressure. Longer commutes require workers to consume more fuel, which is both expensive for workers and damaging to the environment. Travel time to work is steadily increasing over time for the overall population in Pinellas County (workers over the age of 16). Commute times for the male population are higher than the female population.

Higher educational attainment is linked to overall lifetime earnings. Educational attainment is by far the most important social characteristic for predicting earnings. In Pinellas County, Black or African Americans are the least likely group to hold a bachelor's degree (16.9%) followed closely behind by the American Indian or Alaska Native population (19.7%).

Additional disparity data related to health topics are highlighted throughout the report and designated with the magnifying glass symbol.

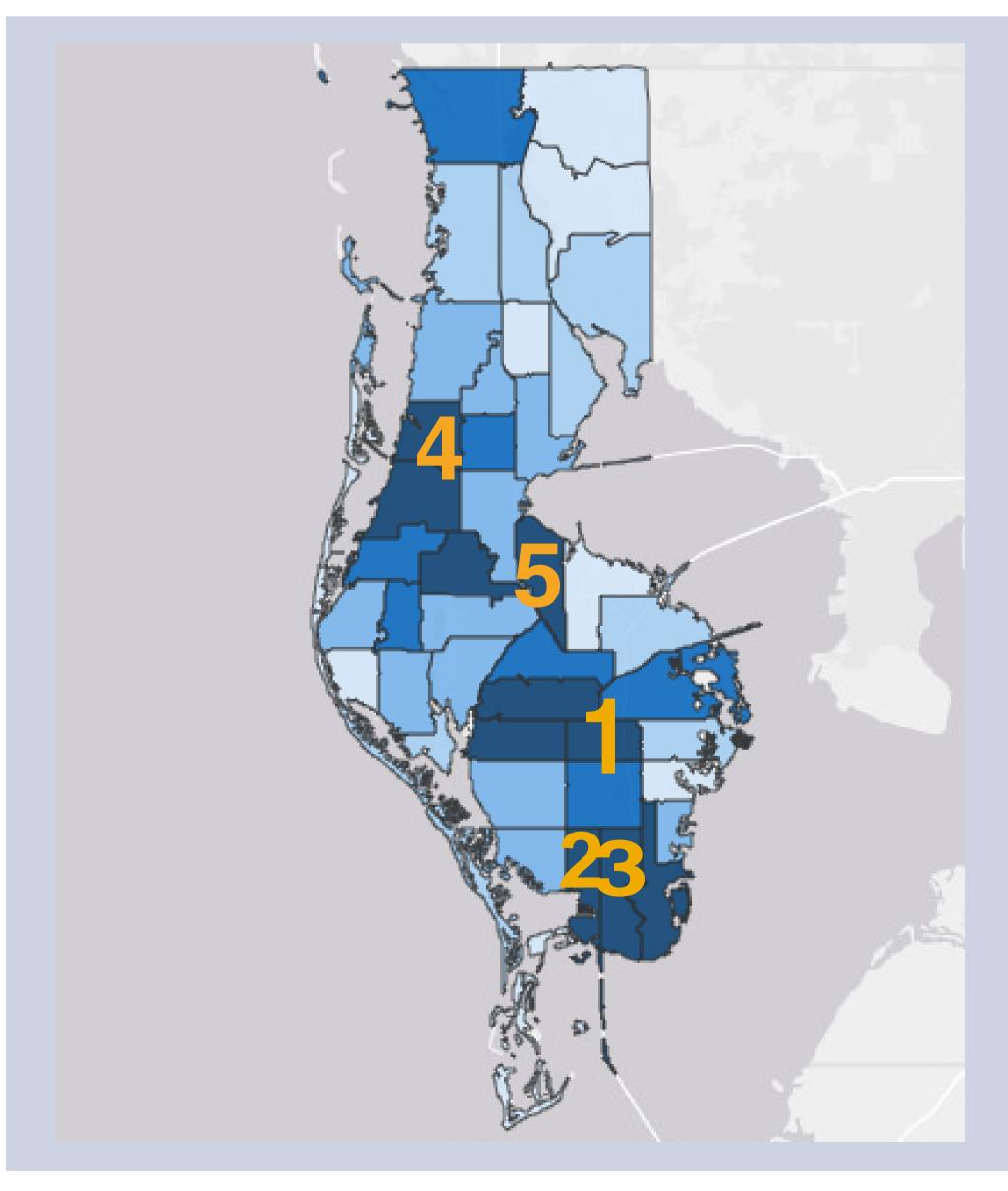


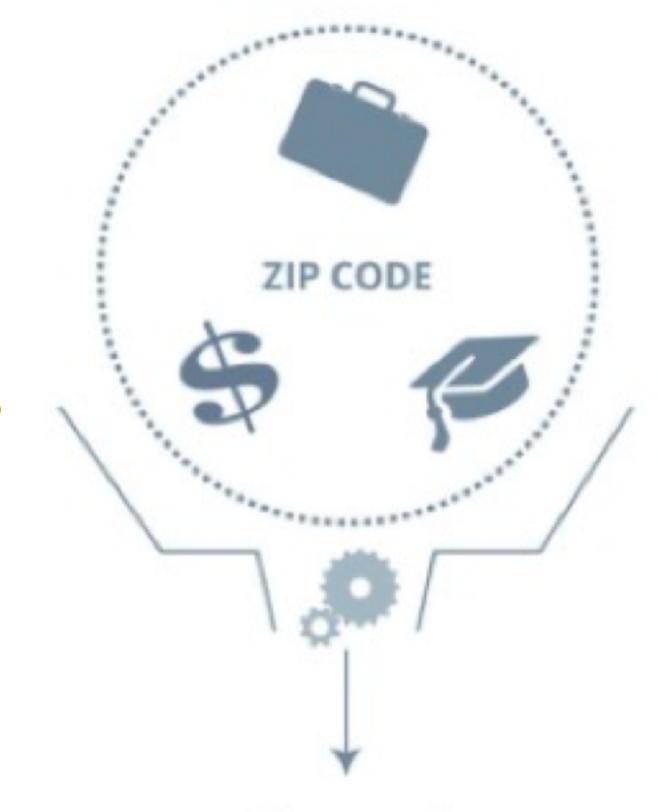
### COMMUNITY HEALTH NEEDS

# SocioNeeds Index

This HCI SocioNeeds Index incorporates estimates for six different social and economic determinants of health that are associated with poor health outcomes. The indicators are standardized and averaged to create one composite index value for each zip code. Zip codes with higher values are estimated to have higher socioeconomic need, which is correlated with poorer health. The darker the color of region, the higher the need. The index value is ranked from 0-100 with 100 being the highest level of need. The index value (IV) helps identify specific zip codes that may benefit from additional support and targeted services in implementation planning.







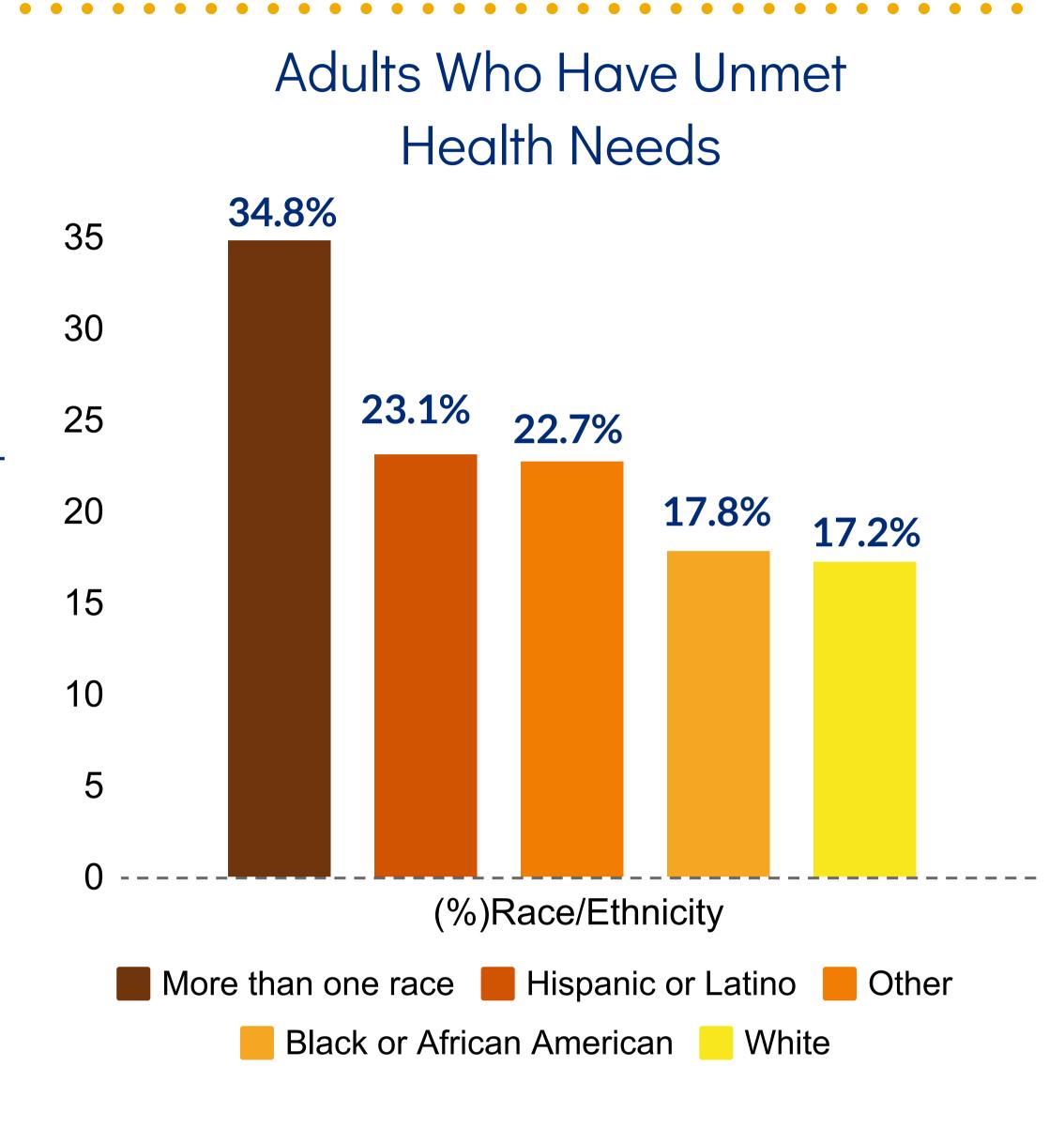
## Index Value

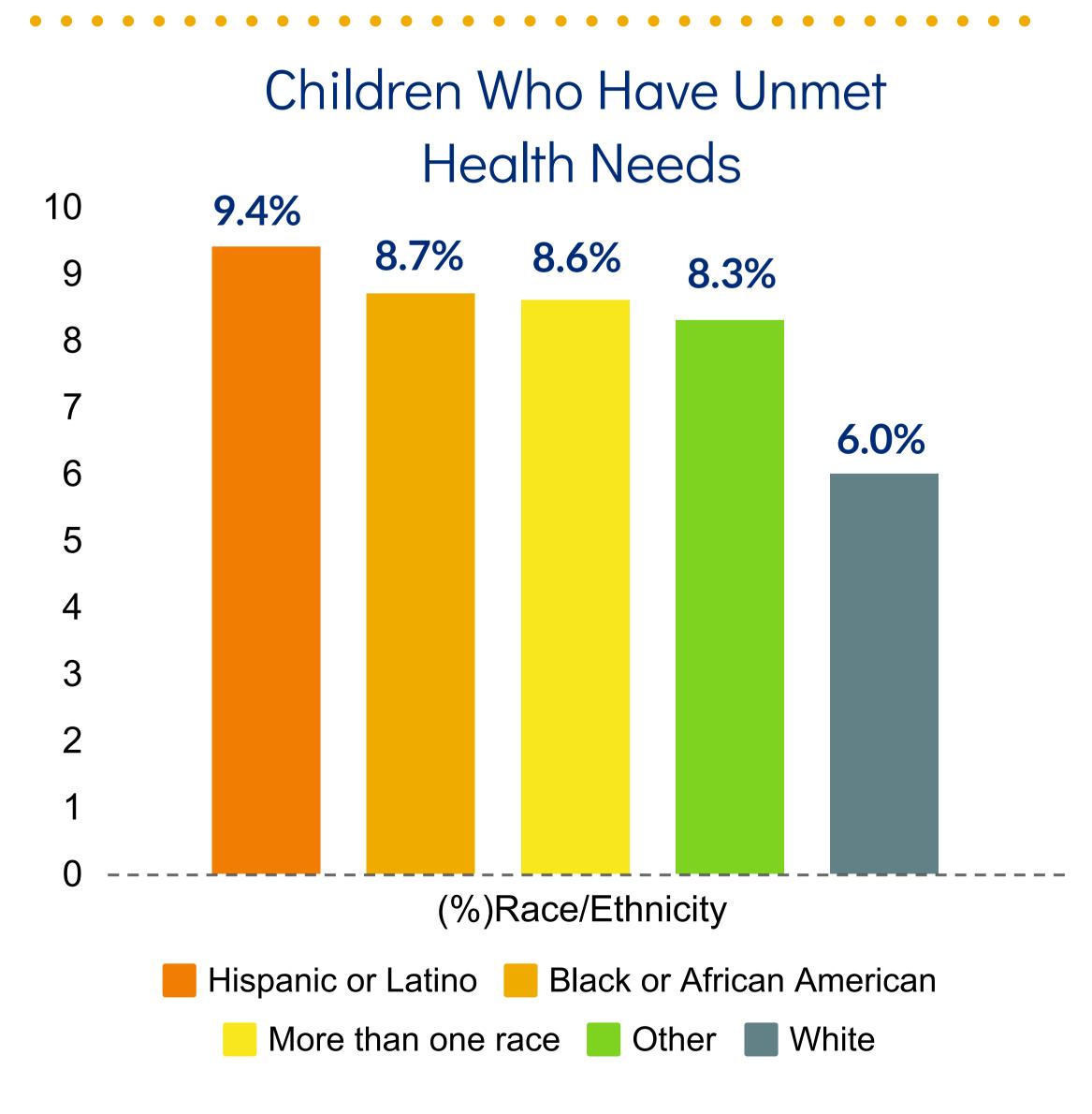
There are 46 zip codes in Pinellas
County. Of those, 10 are considered
high need and indicated in dark blue.
The zip codes with the highest IV
scores are listed below and labeled on
the county map (left).

- 1. Zip Code 33714: 89.1 IV
- 2. Zip Code 33711: 79.5 IV
- 3. Zip Code 33712: 77.8 IV
- 4. Zip Code 33755: 72.2 IV
- 5. Zip Code 33760: 72.0 IV

# - Opportunities for Impact

When possible, data from the Community Survey was also analyzed by demographic factors to help identify vulnerable groups that may have higher health needs than others in Pinellas County. This data was used to support the prioritization process and provides additional community context to consider alongside the secondary data. Opportunities for impact appear in the subsequent sections with a flashlight symbol, when a group in the survey reported a higher percentage of need or of a health issue compared to other groups\*. It is important to note that not all differences have been included in this report, as the report focuses primarily on the prioritized health topics.





Survey Respondents were asked whether they had received the medical care that they needed in the past 12 months. The adult survey population across race/ethnic groups showed similar levels of need (see above), with the exception of respondents who identified as 'more than one race' and reported higher unmet needs than other groups (34.8%).

Hispanic/Latino respondents reported that their children had unmet health needs in the past 12 months, slightly more than other groups (see left). White respondents reported that their children had the lowest unmet health needs (6.0%).

<sup>\*</sup>Differences noted may not necessarily be statistically significant.

### COMMUNITY HEALTH NEEDS

# Prioritized Health Neds

The findings for each of the eleven significant health needs are summarized in the following sections and include the key findings from each data source. The overall health topic scores from the secondary data scoring and high scoring indicators are included for each health need. When the gauge and warning symbol are shown, this represents data from the secondary data scoring.



Red = High Need (above 1.50) Yellow = Some Need (1.50 or below)

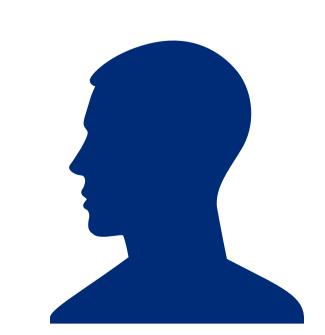


High Need Indicators

The findings from the Community Survey and the Key Informant Interviews are indicated by the group and individual symbols, respectively.



Community Survey



Key Informant Quotes

## 1 Behavioral Health

Mental Health was the second highest ranked health topic in the data scoring and had an overall high score, indicating a high need topic. Mental Health and Substance Abuse were also the top issues from both the Community Survey and the Key Informant Interviews.

# Access to Health Services

Access to Health Services had an overall lower data score. However, some of the health insurance coverage data indicators were higher scoring and required further examination.

Access to Health Services was identified as a top need in the Key Informant Interview analysis.

Prioritization participants identified the issue as essential to impacting health in the community.

# Exercise, Nutrition & Weight

Exercise, Nutrition & Weight had an overall lower data score, although multiple indicators were high scoring and elevated the issue as a top need. Exercise, Nutrition & Weight was identified as a top need in the Community Survey and Key Informant Interviews.

1

## Behavioral Health - Mental Health



2.22



# Community Feedback

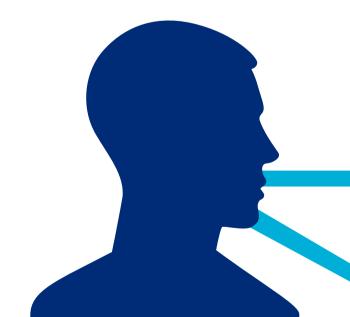
Community participants identified Mental
Health & Mental Disorders as one of the top
health concerns in Pinellas County.
Participants indicated that mental health care
services and resources are disproportionate to
the need in the community. A portion of Survey
Respondents needed mental health services,
but did not get the care that they needed. The
top reason they gave for not getting the
services that they needed was cost.

Key Informants noted that mental health issues in the community must be addressed as part of overall health.

Mental Health and Mental
Disorders received an overall
high topic score indicating that
this is a high need health issue
in Pinellas County.



- Depression: MedicarePopulation
- Alzheimer's Disease or Dementia: Medicare
- Age-Adjusted Death Rate
   Due to Suicide



"Lack of mental health services is probably the top health issue in the community." - Key Informant

"Mental health issues and dental care are both in short supply compared to the community need." - Key Informant

1.60



Substance Abuse received an overall topic score that indicates some areas of need. This health topic included multiple secondary data indicators that are high need and elevated the topic as a high priority.

# Warning Indicators



- Death Rate Due to Drug Poisoning
- Adults who Smoke
- Teens who Use Marijuana: High School Students
- Teens who have Used
   Methamphetamines
- Teens who Use Alcohol

## Behavioral Health -Substance Abuse



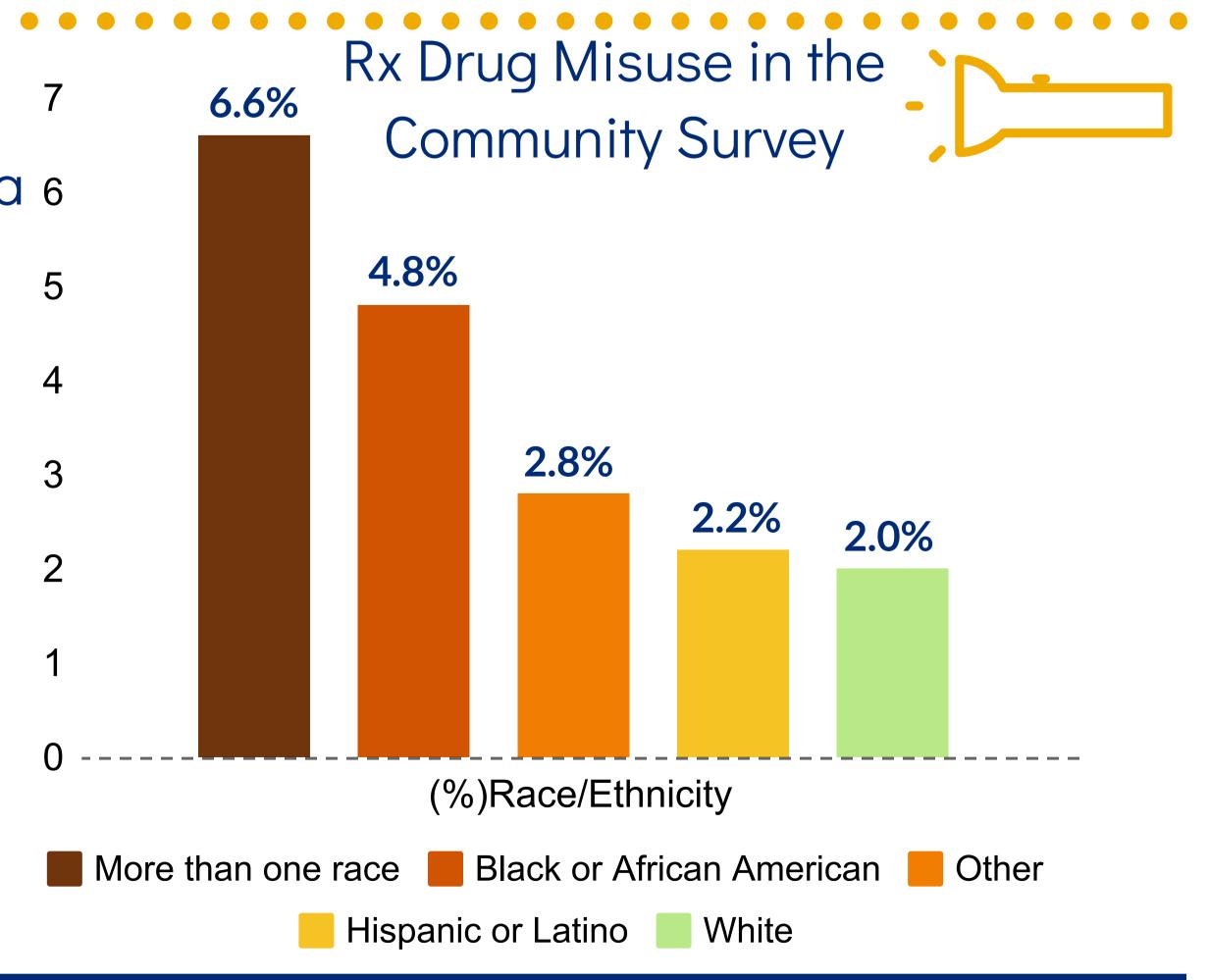
# **Community Feedback**

Substance Abuse was the health behavior that Survey Respondents were the most concerned about in their community. Over half of Community Survey Respondents believe that drug abuse is an issue in their community. Of Survey Respondents that reported misusing a prescription drug in the past 12 months, the majority (over 80%) self-identified as White, non-Hispanic.

Community feedback included recommendations for focusing efforts related to substance use on preventing teen substance use and unintentional injuries.

Prescription drug misuse among 7
Survey Respondents was two and a 6
half percent (N=139). Survey 5
Respondents who are 'more than 4
one race' reported misuse more 3
than other race/ethnic groups. 2

Respondents with higher reports of misuse fell into the age group of 55-64 (N=48).





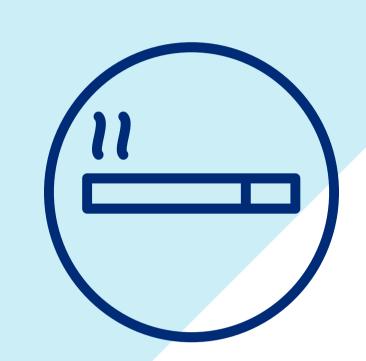


## Behavioral Health





## **Pinellas County Community Survey Respondents**



13.8% are smokers

to cost

13.2%

needed mental health services but did not get the care that they needed

4.4% reported vaping e-cigarettes



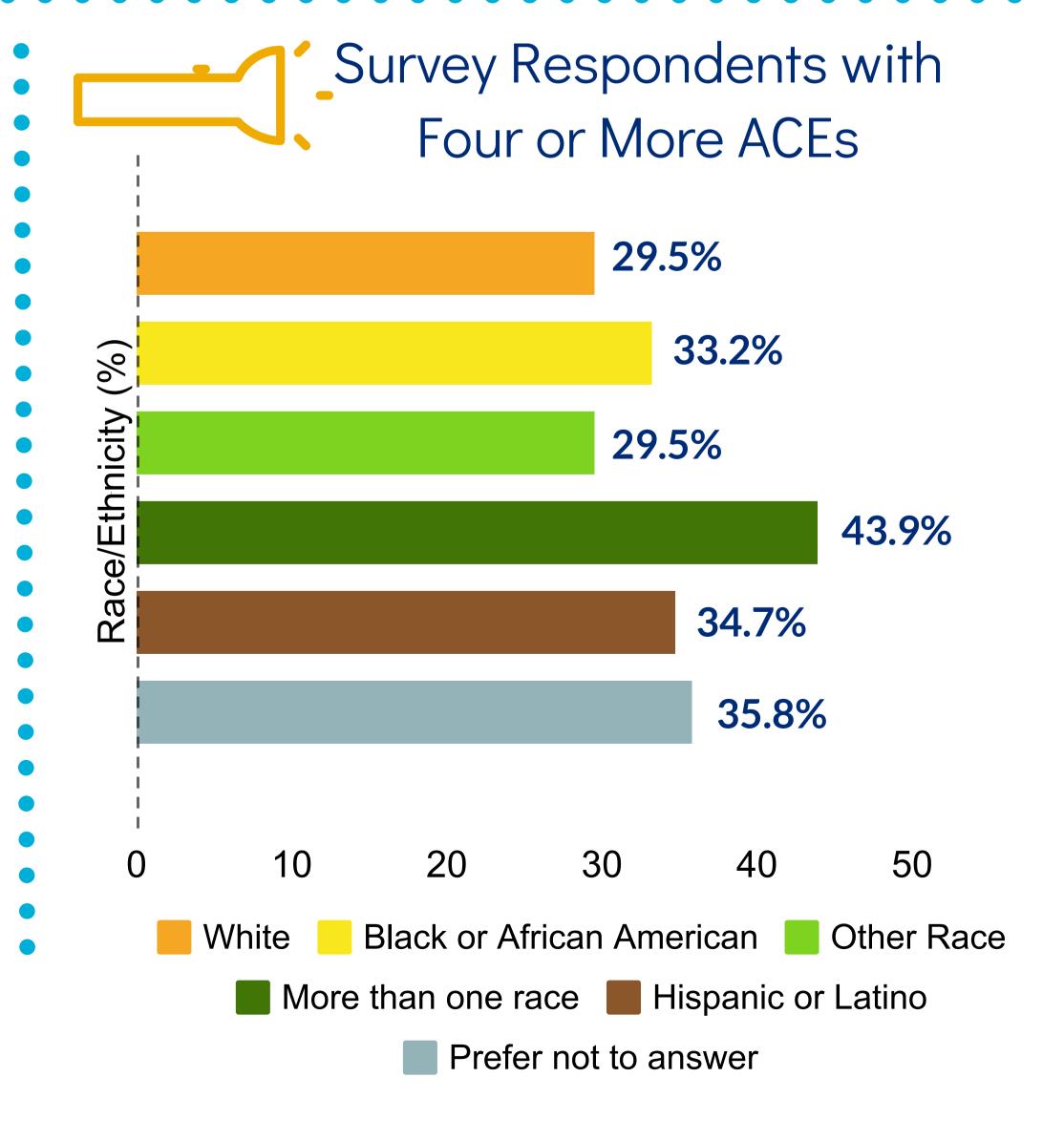
32.2% said that the main reason they did not get the mental health services that they needed was due



The Centers for Disease Control and Prevention (CDC) outlines Adverse Childhood Experiences (ACEs) as the term used to describe all types of abuse, neglect, and other potentially traumatic experiences that occur to people under the age of 18. Adverse Childhood Experiences have been linked to behavioral health outcomes: risky health behaviors, chronic health conditions, low life potential, and early death. As the number of ACEs increases, so does the risk for these outcomes.

30.6%

of Survey Respondents reported four or more ACEs



# Prioritized Health Needs





## Behavioral Health



## Pinellas County High Need Data Indicators



Depression in the Medicare Population is 21.9 %

Alzheimer's, Dementia, and Depression among the Medicare Population is higher in Pinellas County than in the State and US, and is increasing over time

of the Medicare Population has Alzheimer's or Dementia

16.9 deaths per 100k population

Death rate due to

suicide (age

adjusted) is higher

in Pinellas County

than in the State

and US,

and is increasing

over time

**Source**: Florida Department of Health, Bureau of Vital Statistics, 2017

Source: Centers for Medicare & Medicaid Services, 2017

20.3%



of Adults currently smoke cigarettes and cigarette use is increasing

Florida Value = 15.5%

Source: Florida Behavioral Risk Factor Surveillance System, 2016







2% of Teens have used methamphetamines

Florida Value = 0.8%

**Source:** Florida Youth Substance Abuse Survey, 2016

Teen substance is higher in Pinellas County than in Florida:

22.1 % of High School Students use

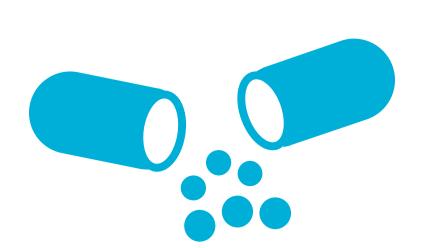
Florida Value = 17.0%

29.5% of Teens use alcohol

Florida Value = 25.5%

Source: Florida Youth Substance Abuse Survey, 2016

24.3 deaths per 100k population due to **Drug Poisoning** 



Florida Value = 21.1 **US Value** = 19.3

Source: County Health Rankings, 2015-2017





Access to Health Services received a lower overall topic score indicating fewer areas of need within the analysis of the secondary data sources. The health topic included three indicators that are high need and potentially key to improving access in the community.

# Warning Indicators



Health Indicators of concern include:

- Adults with a Usual Source of Health Care
- Children with Health Insurance
- Persons with Health Insurance

## Access to Health Services

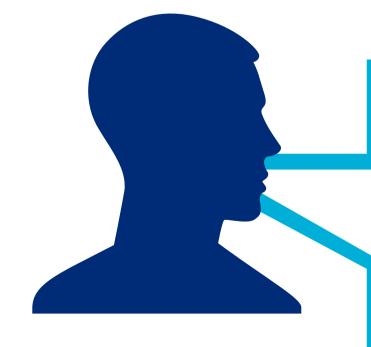


# Community Feedback

Key Informants and Survey
Respondents identified Access to Health
Services as a top health issue in Pinellas
County, describing the following barriers to
accessing services:

- Limited Health Literacy and Navigation Assistance
- Cost of Health Care Services
- Transportation Challenges

The Key Informant Interviews highlighted economic inequality related to health services in Pinellas County. Residents without adequate health insurance and limited economic resources are less likely to be reliably connected to the health care system.



"Lack of services lead to a diminished quality of life for the individuals."- Key Informant

"The primary barrier to obtaining health care services in this vulnerable community is the out-of-pocket cost of care. For people without health insurance, this takes the form of impeding preventive services along with curative services."- Key Informant

# Prioritized Health Needs



## Access to Health Services



## **Pinellas County Community Survey Respondents**



23.5%

had accessed care in the ER in the past 12 months



Of the Survey Respondents that utilized the ER, only

**35.7%** 

had an emergency or life-threatening situation

18.4%

reported needing medical care in the past 12 months but didn't receive it

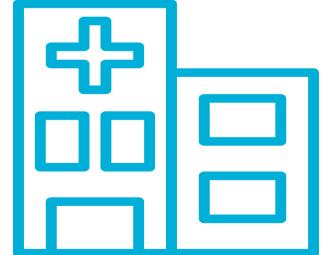


of those with children in the home reported having children who needed medical care in the past 12 months but didn't receive it



## **Pinellas County High Need Data Indicators**

health care



Florida Value = 72%

Source: Florida Behavioral Risk Factor Surveillance System, 2016

73.7% of Adults have a : 93.8% of Children have usual source of : 93.8% health insurance



Florida Value = 92.7%

Source: American Community Survey, 2017

83.2% of Adults in Pinellas County have health insurance compared to only:

75.6% of 26-34 year old's and 72.2% of the Hispanic/Latino population



Source: American Community Survey, 2017

3

# Exercise, Nutrition & Weight

1.32



Exercise, Nutrition & Weight received a lower overall topic score indicating fewer areas of need within the analysis of the secondary data sources. This health topic included multiple secondary data indicators that are higher need and elevated the topic as a high priority. The data analysis identified prevention opportunities and the potential to impact health more broadly in the community.

# Community Feedback

Community Survey Respondents identified 'being overweight' as the third most important health issue in the community. Key Informants also identified the predominant barriers to improving this issue as limited access to local affordable healthy foods and transportation challenges to other food sources. Obesity, specifically obesity among children, was a key concern.

# Warning Indicators



- Fast Food Restaurant Density
- Teens without Sufficient
   Physical Activity
- Teens who are Obese: High School Students
- SNAP Certified Stores
- Farmers Market Density

"The correlation between food insecurity and self-perception of poor health raises concern about affordable access to high nutritional food for the most vulnerable members of the south St. Pete communities."

Key Informant

"Many of our lower income communities lack access to healthy foods, which is also a systemic problem in terms of health care prevention and longevity." – Key Informant

"People who cannot afford to maintain good oral care, can succumb to poor eating practices (all soft or pureed foods) and malnutrition (not eating at all)." - Key Informant



## Exercise, Nutrition & Weight



## **Pinellas County Community Survey Respondents**

For those who have children in the home:

worried about whether 30.2% their food would run out before they got money to buy more in the past 12 months

25.2% reported that the food they bought just did not last, and they did not have money to get more in the past 12 months

reported that someone in . reported that some control their home received emergency food from a food bank in the past 12 months

24.0%

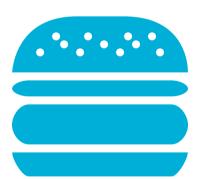
reported some level of food insecurity, compared to:

- 38.8% of 'more than one race'
- **35.3%** of 'other' race
- 33.8% of Hispanic/Latino

58.9%

eat fast food between 1 and 5 times per week







Pinellas County High Need Data Indicators



of Teens do not get sufficient physical activity

13.0 % of High School Students are obese and obesity is increasing over time

Florida Value = 80.6%

Source: Florida Department of Health, Bureau of Epidemiology, 2016

Florida Value = 13.3%

Pinellas County has 613 fast food restaurants (0.65 restaurants per 1,000 people)

Some healthy food sources are limited in Pinellas County:

- 194 grocery stores (0.21 per 1,000 people)
- 13 farmers markets (0.01 per 1,000 people)
- 812 SNAP certified stores (0.8 per 1,000 population

Source: U.S. Department of Agriculture -Food Environment Atlas, 2014/2016







Following the rigorous community prioritization process, the following health topics were not selected as primary focus areas for Pinellas County over the next three years. Any current programming and additional efforts outside of the CHNA process to address these health issues will not be impacted by this decision. Future initiatives related to the prioritized health needs will likely have positive impact on the non-prioritized health needs as many health indicators overlap across health topic areas.

## Heart Disease & Stroke



### **Warning Indicators:**

- Stroke: Medicare Population
- Atrial Fibrillation: Medicare
   Population
- Ischemic Heart Disease:
   Medicare Population
- High Blood Pressure
   Prevalence

Secondary Data
Topic Score: 1 65

Heart Disease and Stroke came through as a top community health issue in the survey, but was also raised in context of nutrition and obesity. Some community participants felt that there are not enough prevention efforts in the community.

## 5 Diabetes



### **Warning Indicators:**

• There were no high need indicators for Diabetes

Secondary Data
Topic Score: 1

Diabetes was not specifically identified as a top health concern by Community Survey Respondents, though the related topics of obesity and access to health services were top issues. Community members were concerned about the limited prevention efforts and programs in the community.

## Maternal, Fetal & Infant Health



### **Warning Indicators:**

6

• Babies with Low Birth Weight

Secondary Data
Topic Score: 1 9

Issues related to Maternal, Fetal & Infant Health did not come up as top areas of concern in the community feedback. There was some discussion of the topic during the prioritization session, but it was not identified as a top health issue.

## 7 Immunizations & Infectious Diseases



**Secondary Data** 

**Secondary Data** 

**Secondary Data** 

**Topic Score:** 

Topic Score: 1 53

**Topic Score:** 

### **Warning Indicators:**

- Gonorrhea Incidence Rate
- Syphilis Incidence Rate
- Tuberculosis Incidence Rate

Immunizations and Infectious Diseases did not come up as a top issue through community feedback. There was some discussion during prioritization which identified the opportunity for improving education about immunizations/shots and sexually transmitted infections, although ultimately it was not selected as a top health issue.

8 Cancer



### **Warning Indicators:**

- Cancer: Medicare Population
- Melanoma Incidence Rate
- Oral Cavity and Pharynx Cancer Incidence Rate

Key Informant participants shared concerns there may be health disparities related to chronic disease and cancer that impacts the African American community in Pinellas County. Overall, Cancer was not a top health issue identified through community feedback and prioritization.

## Oral Health



### **Warning Indicators:**

Oral Cavity and Pharynx Cancer Incidence Rate

About a quarter of adult Community Survey Respondents reported that they did not receive the dental care they needed in the past 12 months, in addition to just over one-tenth of children. Community participants shared that cost was the primary barrier to accessing dental services for even those who have dental insurance. There were also concerns raised regarding increasing dental issues among the aging population. Oral health can be addressed to some extent while addressing Access to Health Services.

## 10 Respiratory Disease



### **Warning Indicators:**

- Asthma: Medicare Population
- Tuberculosis Incidence Rate
- COPD: Medicare Population

Respiratory Disease was not a concern identified in the community feedback, nor was it ranked as a topL issue during prioritization. A few Key Informant participants raised concerns about increasing rates of asthma in the younger and older populations due to environmental and built environment factors such asL mold in older buildings.

Secondary Data
Topic Score: 1

## Detailed Methodology and Data Scoring Tables

A detailed overview of the Conduent HCI data scoring methodology and all of the results from the secondary data analysis are included in an interactive Excel workbook.

## **Community Survey Tool**

The Pinellas County Community Survey tool consisted of 71 health and well-being focused questions. Surveys were available in English and Spanish and could be completed online or via paper copy. The paper survey tools are available in PDF format.

## Key Informant Questionnaire

Key Informant Interviews were conducted via an online questionnaire consisting of eight open-ended questions. 55 Key Informants identified by community partners responded to the questionnaire and represented input from over 50 community serving organizations across the region. The Key Informant questionnaire is available in PDF format.

## **Prioritization Session Attendee List**

Over 140 individuals attended the Pinellas County Prioritization Session. In addition to representatives from local organizations and industry, community members were also in attendance. Community members have been noted in the attendee list and their names have been removed in an effort to maintain their privacy.

## **Community Resources**

Increased collaboration and broader regional involvement during the 2019 CHNA process established stronger relationships across health care delivery organizations, health departments, and community serving organizations (see lists in the Acknowledgments and Prioritization sections). There are existing resources that organizations are currently using and available widely in the community:

211 Tampa Bay Cares	http://211tampabay.org/
Florida Health Department	http://hillsborough.floridahealth.gov/ http://pasco.floridahealth.gov/ http://pinellas.floridahealth.gov/ http://polk.floridahealth.gov/
County Government	https://www.hillsboroughcounty.org/enhttps://www.pascocountyfl.net/https://www.pinellascounty.org/https://www.polk-county.net/
BayCare Health Education and Literacy	https://baycare.org/events https://baycare.org/health-library

In addition, selecting a web-based Community Resource Referral Platforms (CRRP) emerged as a potential opportunity to comprehensively identify resources and dynamically connect community members to resources at their time of need. There are free and publicly available CRRPs being considered that have customizable options for integrative use internally at organizations. BayCare is exploring CRRP options to best serve the needs of their service areas and community partners. A CRRP site would allow BayCare and community partners to search for the most up-to-date services and geographically convenient programs for individuals and populations to address the prioritized health needs. Local, State and National resources that can be sourced through CRRP sites include, but are not limited to:

- Behavioral Health: counseling services, group programs, substance abuse treatment, emergency services, telehealth options
- Access to Health Services: health education and navigation, insurance information, transportation to appointments, payment assistance, alternative medicine, in-home support
- Exercise, Nutrition, & Weight: fitness and recreation, nutrition education, community gardens, government food benefits